AGENDA ITEM No. 5

NORTH LANARKSHIRE

REPORT

To: AIRDRIE LOCAL AREA PARTNERSHIP		Subject: RESHAPING CARE FOR OLDER PEOPLE: PROGRESS REPORT
From: EXECUTIVE DIRECTOR OF HOUSING AND SOCIAL WORK SERVICES		
Date: 10 APRIL 2013	Ref: SM/SK/JMcE	

1. Purpose of Report

1.1 The purpose of this report is to update members of the Local Area Partnership on progress made in respect of Reshaping Care for Older People across the statutory sectors in North Lanarkshire Council; NHS Lanarkshire and the Third Sector and the Independent Sectors as reported to the North Lanarkshire Reshaping Care for Older People Steering Group and North Lanarkshire Health and Care Partnership.

2. Background

2.1 Reshaping Care for Older People is a Scottish Government policy aimed at supporting an increasing proportion of older people at home, in keeping with the wishes of most older people. It was accompanied by a Change Fund for a period of 4 years from April 2011 to March 2015. The North Lanarkshire allocation of £3.8 million lies within the NHS Lanarkshire budget.

2.2 It is recognised that more older people provide support to their local communities than require high levels of support or services. However the changing demographic profile does mean that there will be a higher number of people who are older and who will potentially require support or services at a time when available resources may be lower.

The challenge is great. In North Lanarkshire, the number of people aged 65 years and over is due to increase by 20.6% by 2023 with the numbers of people aged 75 years and over due to increase by 30.5%. For Airdrie locality specifically, the number of people aged 65 and over in 2013 is 8,442 and is projected to rise by 22.6% to 10,347 by 2023.

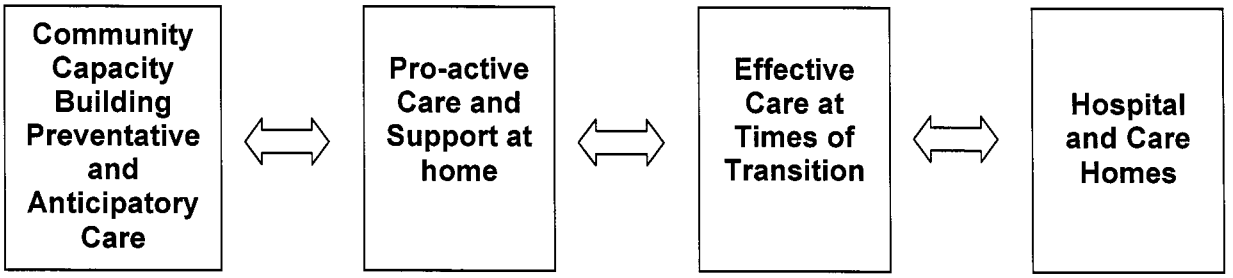
2.3 Change Fund monies are non-recurring and therefore it is intended that they provide an opportunity to test out and implement approaches to develop effective community based supports and services to improve outcomes for older people.

3. Overview of Progress Made

3.1 This section of the report provides a brief overview of the progress that has been made by the partner agencies over the first two years of the Reshaping Care agenda. Section 4 below provides more specific information in respect of what has been put in place within the locality.

3.2 The Scottish Government identified 4 key areas or "pillars" to which investment was to be directed. In determining these "pillars", it is recognised that it is just as important to support local communities to have networks of support in place for older people as well as to have targeted services as and when these are required. North Lanarkshire partners have made a strong commitment to capacity building in local communities to support older residents and ensure that they stay connected with local resources.

Reshaping Care Pathway



The primary intention of Reshaping Care for Older people is to ensure that more resources are channelled towards the first three elements above to ensure that older people are supported to live as long as possible in their own homes with the support and services require.

3.3 **Community Capacity Building/Preventative and Anticipatory Care –** A locality partnership programme has been implemented in each locality with effect from April 2012 through 6 local organisations (CACE, Voice of Experience, Glenboig Neighbourhood Centre, Orbiston Neighbourhood Centre, North Lanarkshire Carers Together, Getting Better Together). This programme is now moving from the mapping phase to developing a Partnership Consortium across all sectors in each locality to look at how a joint approach can support greater numbers of older people to (have a life) locally. Additionally there are other initiatives that have looked at community transport home from hospital, dementia friendly signing in sheltered housing, and partnership with local voluntary organisations to provide support.

3.4 **Proactive Care and Support at Home** – is provided through initiatives such as re-ablement, polypharmacy (addressing management of multiply medications), telecare options, and support for carers. A development worker has been recruited for a period of 9 months by North Lanarkshire Carers Together to work with carers across the North Lanarkshire Council area to look at what arrangements require to be put in place to provide short breaks.

3.5 **Effective Care at Times of Transition** – Intermediate care which is being provided through 2 local authority homes in Monklands and Muirpark to provide assessment and rehabilitation for people who need some time to maximise their capacity before longer term arrangements for their support can be arranged as well as respite placements. Community assessment and rehabilitation teams provide a similar service to people on discharge from hospital within their own home. ASSET which is a prevention of hospital admission scheme is a service that has been piloted in Airdrie, Coatbridge and part of the Cumbernauld/North locality.

3.6 **Hospital and Institutional Care** - Improving discharge planning; liaison psychiatry and leadership support and development programme in care homes.

3.7 North Lanarkshire has a history of effective partnership working with a result that partners have been able to build on this in taking forward the Reshaping Care for Older People agenda. However there is no doubt that this agenda has resulted in much stronger partnership in terms of providing health and care support and services between the statutory, third and independent sectors.

3.8 The partners are required to provide an annual update in respect of the local Change Plan as well as a mid year monitoring report on achievements made as well as accountability in respect of the Change Fund spend. A Performance Framework has been developed to monitor the impact of current initiatives and joint working.

3.9 In terms of the Reshaping Care for Older People agenda, it is the totality of the partners' resources that require to be considered in terms of how a whole system approach will be improved, a sum equating to over £200 million pounds for the partners in North Lanarkshire.

4. Impact for Airdrie Locality

4.1 Community Capacity Building / Preventative and Anticipatory Care

- Locality Gap Analysis and Development of a Local Consortium - Resource has been allocated to Voice of Experience Forum through the Locality Partnership Development Programme to develop a Consortium in the local area as well as carry out a mapping exercise on existing provision to support community capacity building. A Consortium has now been formed which has regular meetings and includes representation from NHS, the Local Authority and the Third Sector. The Consortium aims to work in partnership to build agency and individual capacity to meet the wider RCOP outcomes.

  Through the assets, gaps and services which were identified through this activity, the Consortium has worked with Rochsoles Community Resource Project and secured funding for a Computer Buddies Programme for older people which meets the outcomes outlined in the Community Capacity Building and Carers Support Framework (though this framework is currently in draft form it is not expected that there will be significant changes to the outcomes).

  The Consortium is now working on the Activity Fund which allows for smaller agencies and service providers to bid for smaller funds for localised activity. A bid for Singing for the Brain and an allotment project is currently under consideration.

- Anticipatory Care Plans (ACP) - used to develop improved communication and recording of decisions, thereby leading to provision of care based on the needs and preferences of patients and carers. It includes making patients more aware of their clinical symptoms and what to do if their condition exacerbates. ACP's are now common practice in Airdrie and roll out has commenced for community patients.

4.2 Pro-active Care and Support at Home

- Re-ablement - An additional OT and Home Support Manager have been recruited until March 2014 to identify long term home care users who could potentially benefit from Reablement, to maximise their functional capacity and improve independence
- Housing initiatives include-
  - Enhanced design of sheltered housing complexes based on dementia friendly design principles: Wellwynd Gardens, Gartlea Gardens, John Smith Court. Enhancements underway, aiming to provide to more accessible, inclusive living environments for older people who have or develop memory problems.
  - Improved accessibility in sheltered housing complexes common rooms and multi storey towers with programme of installation of automated doors scheduled to commence at: Milton Court, Cheviot Court, Merrick Court, Pentland Court, Laurel Gardens Sheltered Housing Complex, Victoria Gardens Sheltered Housing Complex, Lorne Gardens Sheltered Housing Gardens and John Smith Court.
  - Planned provision of flexible storage space for mobility scooters and other equipment at Gartlea Gardens and Wellwynd Gardens.
  - Provision of new build common space to improve social interaction opportunities for Meadowside Sheltered Housing tenants and older people from the wider community as part of the new integrated day services new build project.
  - Other projects which have been approved and will be developed over the next year include the development of I.T. hubs in council sheltered housing complexes and improving housing options through utilising equity held by older people in their own homes. Funding for a range of housing improvements to housing association stock has recently been approved to further improve the sustainability of housing in meeting the future needs of older people in North Lanarkshire.

4.3 **Effective Care at Times of Transition**

- Respite Flats - A flat has been identified in Wellwynd Gardens to support individuals and their carers when respite support is required, thus avoiding the need for care home or hospital admission that does not always appropriately meet their needs.
- Intermediate Care – Monklands House has been refurbished and now provides support for short stay admissions and has proved very useful in rehabilitating patients and preventing long term care being required. One recent case in Airdrie involved a gentleman who was heading to long term care and through the multi-agency involvement of this initiative, was successfully discharged to sheltered housing and is now an active member of his community.

4.4 **Hospital and Care Homes**

- Off site beds – Associated Sites Rehabilitation Development Team – a team of Allied Health Professionals has been on site at Wester Moffat Hospital to develop and train nursing staff in rehabilitation and reablement, including exercise, mobility, enabling patients, falls awareness, meaningful activities and positive use of ward environment. This has proved very popular with patients, carers and staff.
- Age Specialist Service Emergency Team (ASSET) – a multi-disciplinary, integrated team providing the same short term (i.e. around 5 days) care as a hospital, but in the community, preventing unnecessary admission to hospital. This includes direct access to Consultant Geriatrician, Nurses and Allied Health Professionals. The service commenced at the beginning of 2012 and to date has seen 390 patients in Airdrie. An additional Staff Nurse has been recruited to the District Nursing Service in Airdrie Locality to support these patients once discharged from the service.

5. Strategic Resource Considerations

5.1 The partners in North Lanarkshire were required to prepare a Joint Strategic Commissioning Plan by March 2013. This plan will be available for a period of consultation in April and May 2013 prior to finalisation and approval at the North Lanarkshire Steering Group and North Lanarkshire Health and Care Partnership.

6. Recommendations

6.1 It is recommended that the Local Area Partnership

I) Note the content of this report

Mary Castles
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For further information on this report please contact Sandra Mackay, Programme Manager for Reshaping Care for Older People in North Lanarkshire (01698 332076) or Stephen Kerr, Planning and Performance Manager, North Community Health Partnership (01698 858122).