

NHS LANARKSHIRE
NORTH COMMUNITY HEALTH PARTNERSHIP
NORTH LOCALITY

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Subject: Update Report to the Local Area Partnership

1. NHS Lanarkshire Wide Update

1.1. Alcohol Brief Interventions

As part of Heat Target H4, NHS Lanarkshire is expected to deliver at least 6167 Alcohol Brief Interventions during the 11/12 financial year. A brief intervention is defined as a “short, evidence-based, structured conversation about alcohol consumption with a patient/service user that seeks in a non-confrontational way to motivate and support the individual to think about and/or plan a change in their drinking behaviour in order to reduce their consumption and/or risk of harm.”

It is well known that Lanarkshire continues to experience an increasing problem with alcohol consumption and the related health and social harm it causes. Alcohol is responsible for 1 in 20 deaths in Scotland. Indeed the rate of increase within Scotland has been greater than that of our close neighbours England and Wales with mortality rates twice that of the rest of the UK.

Problematic consumption of alcohol has a significant impact on the health and well being of the individual and in many instances it can have devastating effects on families and in particular, children.

To meet this target, frontline Community Nurses will be undertaking Alcohol Brief Interventions as a core part of the nursing assessment process. This will allow nurses to proactively engage with patients around this issue, assisting patients to reflect on their consumption and reduce it where it is problematic, improving their health and well being. It is also a preventative approach with a view to minimising the impact of problematic alcohol consumption on families and local communities.

During the months of April and May, Nurses in North Locality screened 165 patients and subsequently carried out 61 Alcohol Brief Interventions. A presentation on the alcohol work currently taking place across NHS Lanarkshire will be offered to LAP's later in the year.

1.2. Treatment Room Review

NHS Lanarkshire has identified wide variation in how treatment rooms operate across Lanarkshire. Work has taken place to look at how a better Treatment Room Service can be provided for patients that is more effective and efficient.

Treatment rooms provide practical hands-on treatments and interventions such as injections, leg ulcer management, wound management, dressings and specimen collection. The majority of patients attend the Treatment Room Service to have blood taken (phlebotomy). People can be referred to the Treatment Room Service by their GP, district nurse, or by a nurse or doctor at an acute hospital.

A Treatment Room Nursing Sub Group was established to review the service. The sub group includes both public and staff representatives. Based on the review, the following proposals were formed:

- There is a fair allocation of resources across the four community health partnership Units in Lanarkshire, allowing the numbers and location of treatment rooms in each locality to be based on local needs
- District Nursing will no longer be involved in treatment rooms – increasing their time to see housebound patients
- All treatment rooms provide the same core clinical interventions
- The health screening element of Keep Well is incorporated into the Treatment Room Service, increasing access across Lanarkshire
- The core Treatment Room Service is extended to Monday - Friday, 8am - 6pm
- Keep Well component operates evenings and Saturday mornings as required
- Appointment system is established with availability for urgent appointments
- GP practices work with treatment rooms to manage patient flows and to reduce patients having to attend multiple times by coordinating disease registers
- Capacity management tool is introduced to maximise number of patients seen
- Nursing time is freed up to more see patients by reducing unnecessary processes using Lean methodology
- The workforce plan is reviewed to reflect the service model and core activity being delivered by the service.

The review has been widely distributed to GP Practices, Nursing staff, Community Forums, MSPs, Councillors, Scottish Health Council and the media. Comments on the paper are welcomed by 8th July to Anne.Armstrong@lanarkshire.scot.nhs.uk . The full paper can be accessed at:

www.nhslanarkshire.org.uk/Involved/consultation/Pages/treatmentroomreview.aspx

2. Locality Update

2.1. Radiology

At the time of submitting this report, there was no further update on the topic of the review of Radiology Services. Initial papers on capital spend have been submitted to the next NHS Lanarkshire Board meeting (29th June). Any update available will be given on the night at the LAP.

3. Health Improvement

3.1. Young People/Sexual Health Service

The Youth Sexual Health Service is a drop in clinic from 4.00 - 5.30pm on Monday evenings at Central Health Centre. Attendance is consistently 6-

12 young people per night and the services most commonly utilised are STI testing, contraception and pregnancy testing.

In addition, a Teenage Pregnancy Service has started in Garrell Vale Community Centre in Kilsyth, running every Friday 1.00 – 3.00pm. Attendance is good, with between 6 and 10 attending each week and some of these now have their babies and bring them along. The service is delivered by CL&D in conjunction with NHSL staff and there is now support from One Parent Family Scotland. A sustainable method of transport is being explored and the Cumbernauld Community Forum has been very helpful in supporting this.

3.2. Pre-School Pilot

A programme is being piloted in 5 sites across the locality for parents and children who will be starting school in August 2011. The focus of the programme is to highlight the importance of play, physical activity, healthy eating and preparation for school. The programme is delivered by Community Learning and Development and NHSL Health Improvement Staff and is supported by Education and High 5 For Fruit. This programme has been well received across all 5 sites and will be completed by next week. Ongoing evaluations are very positive and will be available to view once they have been collated

3.3. Moodiesburn Gala Day

The Moodiesburn Gala Day was delivered through strong partnership work between the Northern Corridor Community Forum, Community Learning and Development, the Regeneration Committee and the Health Improvement Team in North Locality.

From these organisations as well as other groups across the community, a Gala Committee was formed to plan and coordinate the event. This was the first such event for over 20 years, which took place in the Pivot Centre on 28th May and despite the rain, was very well supported and received by the local community. It is estimated that several hundred attended and on initial evaluation, looks very positive. Next year's event is already being planned.

The Health Improvement Team are also involved in the planning of other community events such as the Chryston High Family Health Day; Cumbernauld and Abronhill Galas as well as the Kilsyth Health Event. This input varies from advice, lending of equipment to direct delivery. This partnership working enables key health messages to be delivered in a clear consistent and interactive way across the locality.

4. Conclusions

The LAP members are asked to note the content of this report for information.