

NHS LANARKSHIRE
NORTH COMMUNITY HEALTH PARTNERSHIP
NORTH LOCALITY

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Subject: Update Report to the Local Area Partnership

1. NHS Lanarkshire Wide Update

1.1. Family Nurse Partnership

NHS Lanarkshire has just announced that it has been successful in its application to deliver a new programme called Family Nurse Partnership (FNP). NHSL has received confirmation that it can appoint 2 Supervisors and 12 Family Nurses which will allow the programme to be delivered across the county.

FNP is a preventive programme for young first time mothers. It offers intensive and structured home visiting, delivered by specially trained nurses (Family Nurses), from early pregnancy until the child is two.

FNP has three aims:

- 1) to improve pregnancy outcomes
- 2) child health and development
- 3) parents' economic self-sufficiency

The methods are based on theories of human ecology, self-efficacy and attachment, with much of the work focused on building strong relationships between the client and family nurse to facilitate behaviour change and tackle the emotional problems that prevent some mothers and fathers caring well for their child.

Research has shown that the programme can deliver:

- i. improved early language development, school readiness and academic achievement
- ii. improvements in antenatal health
- iii. reductions in children's injuries, neglect and abuse
- iv. improved parenting practices and behaviour
- v. fewer subsequent pregnancies and greater intervals between births
- vi. increased maternal employment and reduced welfare use
- vii. increases in fathers' involvement
- viii. reduced arrests and criminal behaviour for both children and mothers.

The programme also works closely with health visitors and midwives and professionals from other services for children, young people and families where additional needs are identified, particularly in relation to social care and safeguarding.

2. Locality Update

2.1. Primary Care Hub

Work continues on the proposed new Kilsyth Health Centre. Site investigations at the site adjacent to the swimming pool proved favourable and the position of the building has now been agreed following both topographical and tree surveys.

One of the main concerns raised at the public event was around car parking, with the draft plans showing the main route into the Health Centre running through the middle of the swimming pool car park. Discussions are ongoing with NLC to finalise the

number of car parking spaces required, but there is now agreement that the road into the health centre will curve round to the left, running along the outer edge of the site and will not run through the swimming pool car park.

NHS Lanarkshire representatives will attend Kilsyth Community Forum on 6th February 2013 to outline the plans and take feedback from the members.

A planning application will be completed and submitted during December 2012, with Stage D (design freeze) confirmed to the Project Board in February 2013 and submitted to the Scottish Government in March 2013.

2.2. Treatment Room Review

The roll out of the Treatment Room Review started on 10th December, with the two Central Health Centre Practices and Craigmarloch utilising the new Treatment Room Suite at Central Health Centre (Craigmarloch moving to 2.5 days per week).

It is anticipated that Kenilworth will move to the new Treatment Room Suite in January 2013 (date to be confirmed), followed by the remaining sites in February and March. Exact dates will be communicated in due course once each stage of the implementation plan is completed and any issues resolved.

This will leave the Locality with a large Treatment Room and Phlebotomy service in Central Health Centre running from 8am – 6pm Monday to Friday, and part time services (2.5 days per week) in Abronhill, Condorrat, Craigmarloch and Kildrum.

Further meetings have taken place with the Save Cumbernauld Treatment Rooms Action Group, to agree the content of posters, leaflets and press releases. In addition, future meetings have been arranged to review the service stats and patient feedback.

Please note Kilsyth is not included in the Treatment Room Review as Kilsyth Medical Partnership provides its own Treatment Room Service.

3. Health Improvement

3.1. Early Years

Children's experiences in the earliest years of life strongly influence their physical and emotional health and well-being for the rest of their lives. Work is currently underway across NHS Lanarkshire to develop a universal Child Health Pathway that aims to ensure that all children are supported to have the best possible start in life. This pathway will build on the wide range of interventions that are currently being delivered.

UNICEF breastfeeding programme

Community Midwives, Public Health Nursing (PHN) and Health Improvement Teams are working towards achieving Stage 3 of the UNICEF Baby Friendly Initiative. The focus of this work is to ensure that mothers within the community are provided with the information, advice and support they require to successfully initiate and maintain breastfeeding. In addition to PHN team support, mothers can access support at home from the Breastfeeding Support Service volunteers and through the local breastfeeding support groups, which meet in local health centres.

Young Mums/ Mums 2 B Group

This programme provides intensive support to teenage mothers and their partners, with babies under the age of 6 months. Input is provided by Community Midwives, PHNs, CLD, HI and other partners as required. The group meets regularly on a weekly basis at the Garrel Vale Centre.

Play @Home

Work targeting nutrition and healthier eating in the early years is complemented by programmes that aim to promote physical activity. The Play @ Home programme provides local early year workers with the knowledge and skills required to promote safe play and healthy physical activity with parents.

3.2. Young People

HI staff have been actively promoting the wide range of Health Improvement resources and training available to secondary schools. Resource packs and training programmes cover a wide range of topic areas, including alcohol and addictions, sexual health and relationships and positive mental health. Visits have been made to all the local secondary schools in North Locality. Schools will also have the opportunity to access the Acceptance Play, which aims to raise awareness of alcohol, drugs and mental health issues for young people. Work has also been undertaken to promote the use of 'Smoke in Your Eyes' and the 'Jenny and the Bear', with Carbrain Primary and Chryston High participating in an evaluation process with pupils and staff.

Partnership working

Health Improvement staff are working with partners to raise awareness of health messages for young people and develop partnership opportunities within the locality. Topics include Alcohol, Sexual Health & Relationships, Smoking & Cannabis, Mental Health & Wellbeing. There will be an Alcohol and Sexual Health focus from Sept – Dec 2012 including:

- Staff health training delivered within locality. Relationship and sexual health training delivered in November to Youth Workers, Home School Partnership Officers, Volunteers and Social Work staff.
- Targeted health projects/initiatives delivered
- Health resources identified
- Health services promoted to young people

Youth Health Service

The Youth Sexual Health drop-in clinic runs every Monday, 4pm-6pm in Central Health Centre and is open to all young people up to 20 years of age.

4. Conclusions

The LAP members are asked to note the content of this report for information.