

<b>NHS LANARKSHIRE</b>	
<b>NORTH COMMUNITY HEALTH PARTNERSHIP</b>	
<b>NORTH LOCALITY</b>	
<b>Date of Report:</b>	13 December 2013
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<b>Subject:</b>	Locality Update Report to the Local Area Partnership

## 1. NHS Lanarkshire Wide Update

### 1.1. Integration of Health and Social Care

The Public Bodies (Joint Working) (Scotland) Bill creates statutory Health & Social Care Partnerships (H&SCP's) in each authority area in cooperation with health boards to replace the existing Community Health Partnerships.

The principle aim of the integration process is to support the improvement of the quality and consistency of health and social care services in Scotland.

The Bill does not specify which services must be included in the integrated Health and Social Care Partnerships however both the Health Board and North Lanarkshire Council have agreed that they will adopt the 'Body Corporate' model of integrating services. This effectively means that NHS Lanarkshire and North Lanarkshire Council will delegate functions and resources to an integrated joint board.

As the legislation enabling the creation of an Integration Joint Board will not be in place until April 2015, transition and shadow arrangements are being progressed to ensure that work is developed in time for implementation date.

### 1.2. Health Board Boundary Change

Work is progressing on the preparation for the Health Board Boundary Changes, which come into effect on 1<sup>st</sup> April 2014. A detailed update report is being prepared for Councillors and MSPs, which will be distributed in December.

In the Northern Corridor area, in the short-term most services will remain with NHS Greater Glasgow and Clyde, due to the lack of public transport links in to existing NHS Lanarkshire sites and the lack of current health accommodation locally. This will, however, be managed via NHS Lanarkshire's Property Strategy Group with the longer term aim of providing all services locally within the Northern Corridor area.

A more detailed update will be provided at the meeting.

## 2. Locality Update

### 2.1. Winter Plan

The delivery plan is now in place for the locality, with all staff members aware of their role and appropriate actions dependent on area of pressure. The locality has been allocated 2 additional members of staff to grow the district nursing workforce between January and March 2014 to support the seasonal increased demand from the acute hospital system.

## **2.2. Kilsyth Victoria Cottage Hospital (KVCH)**

KVCH has seen an increase in the number of patients being admitted to KVCH suffering with dementia. In line with the Scotland's National Dementia Strategy (2013-2020), training has been organised to improve clinical staff's knowledge and skills to care for the needs of these patients and ensure high quality of care is maintained. The training is tailored to support and give guidance to clinicians on best practice and patient centred care/outcomes are achieved.

In line with the Dementia Friendly Environmental, work has been carried out such as changing seating to contrasting colours, colour coding all doors (e.g. red for toilets, blue for bedrooms etc), introduction of dementia resources (e.g. reminiscence packs) and orientation boards.

A group has been organised to implement recommendations from the national Community Hospital Refresh Strategy in Kilsyth Victoria.

## **2.3. Kilsyth New Health Centre**

The new build will start in January 2014. An update will be given at the meeting.

## **3. Health Improvement Update**

### **3.1. Mental Health and Tackling Stigma: 'See Me' campaign**

As reported in last quarter's report, significant progress is being made in relation to the promotion of the 'See Me' campaign within North Locality. On 9<sup>th</sup> October, Health Improvement in partnership with the 3 local Community Forums delivered their second 'See Me' pledge signing event. A further 7 local organisations, along with Abronhill High School signed up to 'See Me' and all have committed to the delivery of an action plan to reduce the stigma and discrimination that surrounds mental illness and to promote positive mental health.

Over 70 people from the local community and organisations attended the event, once again demonstrating their commitment to ending discrimination and stigma within North Locality. Pupils from Abronhill High School provided musical entertainment and gave a debut performance of 'See Me' with words and music especially written to link with the key messages of the 'See Me' campaign. A consultation exercise was carried out to provide the partners with feedback on ways they can progress this work in the future.

**North See Me Newsletter** – Produced to raise awareness of the campaign and highlight the three local forums' involvement and local community self help resources & services. The newsletter has been distributed to various local community settings, groups and summer events over the last year.

### **3.2. Festive campaigns: Play Safe, Home Safe**

Through the delivery of the Play Safe, Home Safe campaign, Health Improvement have been working with partners to promote key safety messages around alcohol, safer sex and personal safety of young people over the festive period when socialising opportunities increase. The campaign will deliver short sharp safety messages and provide links to existing local or national websites that people can go to for more information, advice or support.

To raise awareness of the campaign NHS Lanarkshire (Health Improvement), Police Scotland and Scottish Fire & Rescue Service delivered information, resources and a series of interactive workshops to students at Cumbernauld campus in the first week in December.

More information can be accessed at [www.playsafehomesafe.org.uk](http://www.playsafehomesafe.org.uk) or [www.lanarkshiresexualhealth.org](http://www.lanarkshiresexualhealth.org)



### 3.3. Sexual Health

In response to the increased incidence of syphilis in Lanarkshire, a joint approach has been agreed with education departments to provide all senior pupils (S4 – S6) with information about the disease, the current situation in Lanarkshire, how to access treatment and most importantly reinforcing the messages of prevention and safer sex.

**Resources Education Service** - Most schools in Lanarkshire have engaged positively and have supported NHS Lanarkshire in getting the key messages across. In North Locality, presentations are being delivered by Health Improvement staff to pupils at Abornhill, Greenfaulds, Cumbernauld, Our Lady's, St. Maurice's high Schools and Kilsyth Academy.

As a result of the briefings there has been a noted increase in the number of young people presenting at the young People's Sexual Health clinics across Lanarkshire. As a result, the service is now offering young people the opportunity to be tested for this along with its routine sexual health service check up and advice.

For further information on Syphilis and other sexually transmitted infections and how to access free condoms, visit: [www.lanarkshiresexualhealth.org](http://www.lanarkshiresexualhealth.org)

### 3.4. Detect Cancer Early

Breast Cancer Awareness Month (October) was promoted in North Locality through a range of activities and events in health settings for local staff and the wider public. On the evening of the 24<sup>th</sup> October, Health Improvement staff delivered a Breast Awareness Workshop to the Croy Women's Guild during Breast Cancer Awareness Month. The session raised awareness of

the key messages to prevent breast cancer and attend screening. This opportunity linked in with the campaigns target group of older ladies, with 36 attending.

On 25<sup>th</sup> October, Health Improvement staff delivered an information stall within Cumbernauld College during their “wear it pink” fundraising campaign to promote the Breast Awareness Message (5 point Breast Awareness Code, Normal life stage breast changes and Risk Factors).

The focus of the Detect Cancer Early campaign is now on raising awareness of lung cancer. Lung cancer is the most common cancer in Scotland. In addition to the national TV and promotional campaign, work is being undertaken locally to raise awareness of the key messages – Don’t Get Scared, Get Checked. The earlier lung cancer is found, the easier it is to treat and the more likely you are to survive. More information can be accessed at [www.getcheckedearly.org](http://www.getcheckedearly.org)

Health Improvement staff have developed a short bowel cancer awareness presentation. Work is currently underway with North Lanarkshire Leisure staff who will be able to pass on information to colleagues and the public attending NLL activities.

### **3.5. Healthy Weight: Practical Cookery & Nutrition Course**

As part of Lanarkshire’s Healthy Weight Strategy to reduce rates of obesity and promote healthier weight, an update session was delivered on 24<sup>th</sup> July 2013 to 6 participants on food and nutrition. To build the capacity of local community volunteers a further Practical Cookery & Nutrition training for trainer’s course was delivered on 30<sup>th</sup> September to 6 participants. They will begin delivering courses within various local community settings over the next year.

## **4. Conclusion**

The LAP members are asked to note the content of this report for information.