

**NHS LANARKSHIRE****NORTH COMMUNITY HEALTH PARTNERSHIP****NORTH LOCALITY**

**Date of Report: July - September 2014**

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**Subject: Locality Update Report to the Local Area Partnership**

## **1. NHS Lanarkshire Wide Update**

### **1.1. Appointment of Chief Officer – Integration of Health and Social Care**

Janice Hewitt has taken up post as the chief officer of North Lanarkshire Health and Social Care Partnership. Her appointment is a critical step forward in the integrations of adult health and social care in North Lanarkshire.

### **1.2. The Lanarkshire Beatson**

Following discussion at the last LAP, NHS Lanarkshire can confirm at this time that the Lanarkshire Beatson development will provide radiotherapy for four tumour types. The other principle therapy is chemotherapy which is currently, in the main, provided to Lanarkshire residents at Monklands, Hairmyres and Wishaw. This development will result in a very significant reduction in (but not completely eliminate) the number of occasions where Lanarkshire residents will travel to Gartnavel Hospital for oncology treatment. The head of Planning and Development would be happy to facilitate a briefing for a future meeting once the build programme is near to completion

## **2. Locality Update**

### **2.1. Reshaping Care for Older People – Transport Home for Older People**

A new initiative developed under the RCOP programme will assist older people to return home from the emergency department between the hours of 5pm and midnight with the support of the British Red Cross and NLC. This development reduces the chance of admission to the hospital primarily relating to transport issues. The drive and escort will ensure that the individual is safely returned to their home environment and the BRC also provide a follow up call the next day.

### **2.2. Locality Modelling - Locality Response**

Work has been progressing at a pace since the last reporting cycle. The Locality Response (LR) for Cumbernauld/Kilsyth has gone live! It will operate Mon – Fri, 9am to 3pm and its function is to support medically well clients at home, to prevent hospital admission. Initially, the Caledonia Practice and Kilsyth GP's are identified for putting forward referrals, with a roll out to other GP practices in the future. Updates will be provided in subsequent reports.

### **2.3. Health Board Boundary Changes**

Work is on going with the transferring of services from Glasgow into Lanarkshire and from the 1<sup>st</sup> October 2014 the following services will transfer over:

- Special Children's Services
- Out of Hours District Nursing
- Community Dental
- Continence

- Community Midwifery
- Community Rehabilitation
- School Nursing

The remaining community services will be repatriated into the local area when further accommodation can be sourced. An exercise is being undertaken to identify and appraise all potential options for additional accommodation in the Northern Corridor area.

#### **2.4. Kilsyth Victoria Memorial Cottage Hospital (KVMCH)**

In line with the Community Hospital Refresh Strategy, progress is ongoing for clinical staff to develop in their role taking a proactive approach ensuring care is patient centred.

#### **2.5. Kilsyth Community Health Centre**

Graham Johnston NHSL will present a presentation to the LAP to update on progress.

### **3. Health Improvement**

#### **3.1 Mental Health and Tackling Stigma: 'see me' campaign**

The second issue of North See newsletter updated on local progress with the 'see me' programme and the self-referral resources available. Newsletters were issued at various community summer events, North Locality NL Leisure facilities and Cumbernauld Town Centre Pop Up shop. The newsletter includes an article highlighting the benefits of being active outdoors, linking into the Commonwealth Games Time Trials going through the Northern Corridor in July 2014

Filming of the 'see me' video took place within two outdoor locations - Broadwood Loch and Palacerigg Country Park. Various age groups in attendance - Provided an opportunity to showcase two of our local green spaces as places for physical activity and/or relaxation.

Two Launch events being hosted for the 'see me' music video – SMHAFF on the 24<sup>th</sup> September in Alona Hotel, Motherwell and North Locality Cumbernauld Town Hall on the 10<sup>th</sup> October 12noon – 3pm.

#### **3.2 Joint Inspection of Services for Children and Young People**

Partners in North Lanarkshire have submitted the self-evaluation and evidence to the Care Inspectorate in preparation for the inspection of Children's Services which starts on 7 October. A series of briefing sessions on the process of the inspection are being delivered to staff. A report on the outcome of the inspection will be available in January 2015.

#### **3.3 Promoting Health and Wellbeing in Early Years**

Children's experiences in the earliest years of life strongly influence their physical and emotional health and well-being for the rest of their lives. Getting It Right for Every Child (GIRFEC) underpins Lanarkshire's approach to the delivery of services for children and families. There are currently around 4,907 children aged 4 years and under living in the locality, which accounts for almost 27% of children aged 17 years and younger. Major programmes are being delivered in partnership across Lanarkshire including the Early Years Collaborative, development and delivery of pathways of care and support for parenting. Early Years Programmes include:

- UNICEF breastfeeding programme.  
Community Midwives, Health Visitors and Health Improvement Teams are working to maintain Stage 3 of the UNICEF Baby Friendly Initiative. The focus of this work is to ensure that mothers within the community are provided with the information, advice and support they require to successfully initiate and maintain breastfeeding. In addition to HV team support, mothers can access support through the local breastfeeding support group. There are 3 breastfeeding groups currently running in North Locality: Muirhead, Condorrat & Kildrum. A number of promotional events took place in over the

summer to raise awareness and encourage more mothers to breastfeed, including the promotion of World Breastfeeding week in August.

- **Healthy Start**  
Strategic approach to improving the nutrition of pregnant women and families on benefits or low incomes. Programme enables pregnant women and children less than 4 years to receive Healthy Start vouchers, which can be exchanged for milk, infant formula milk and fresh fruit and vegetables. They also receive Healthy Start vitamin vouchers which can be exchanged at Health Centres, local pharmacies and some community based organisations. Work led by Health Improvement is currently ongoing to promote the uptake of the Healthy Start vouchers. This includes a test of change initiative as part of the EY Collaborative programme, to ensure that frontline staff working with children and families is aware of the programme and is promoting this as part of their day to day practice.
- **Play @Home and Bookbug**  
Work targeting nutrition and healthier eating in the early years is complemented by programmes that aim to promote physical activity. The Play @ Home programme provides local early year workers with the knowledge and skills required to promote safe play and healthy physical activity with parents. A Play@Home session was held at the National Play Day event in Summerlee Park in August. 2,375 people from across Lanarkshire attended the event.

Bookbug encourages parents to read and engage with their baby and young children through stories, song and rhyme. Bookbug taster session delivered by Outreach Librarian at Young Mums' on 26<sup>th</sup> August. Second taster session delivered 9<sup>th</sup> September; thereafter a 6 week block of Bookbug will be delivered to the group.

### **3.4 Re-shaping Care for Older People**

Within North Locality work has been ongoing in partnership with CLD to train volunteers and deliver healthier eating and cookery courses within the community. Cookery Volunteers delivered their first four week course within CACE to Opal group members over August and September. .. Six participants in attendance.

In partnership with Cumbernauld Community Forum Environmental Sub Group work is on-going on the Development of Cumbernauld Peace & Sensory Garden. Opening event of garden held on 9<sup>th</sup> August. The garden will be used as a place to encourage social interaction and reduce isolation and promote physical and mental wellbeing..

### **3.5 Sexual Health Syphilis Campaign**

Sexual Health information, resources and training are routinely provided to all schools, both denominational and non-denominational. It is however down to the head teacher to decide how information is distributed and used and whether to access training and resources. NHS Lanarkshire does not have any control over this. Sexual health materials that are offered to schools are developed in conjunction with education authorities, including the Scottish Catholic Education Service.

In relation to the syphilis campaign, all schools were offered the option of having a Health Improvement member of staff deliver the session to staff and to S4, S5 and S6 pupils. Most schools went with this option; however some schools did choose to deliver the information and resources themselves. If they wished to do this they were offered training. In North Locality a Health Improvement Officer delivered the sessions in the following schools:

Abronnhill High  
Greenfaulds High  
Our Lady's High  
Cumbernauld High  
St. Maurice's High  
Kilsyth Academy.

### **3.6 Young Mums and Mums to be Drop in service**

This service has only recently been re-established in June 2014. As a result it is still early days and very much at a development stage. To date up to 3 young mums have been attending the group. Information is available on which locality area the young mums come from. (Still trying to get in touch with worker to find out where mums attending come from – think it is 2 from Kilsyth and 1 from Cumbernauld). As well as continuing to promote the group using the various partner agencies - First Steps, FNP, Midwife and Health Visitor teams, CL&D, and Health Improvement and word of mouth from those already attending, a programme of activities over coming months is in the process of being agreed. As part of this, two Bookbug taster sessions to be delivered at the group have been arranged with the Outreach Librarian.

### **3.7 Diversity Activities in Carbrain**

Street Soccer NL ran in Carbrain from the end of May until the beginning of August 2014. An evaluation report will be produced, in the next few weeks giving a breakdown of the numbers attending and impact on anti-social behaviour. The programme runs in ten week blocks in different localities between February and November. Sites are chosen based on local data about youth crime and anti-social behaviour and also local intelligence from CSSG members. The cost of running a 10 week programme is approximately £3,500. Funding for the programme comes from Alcohol and Drugs Partnership and NHS Lanarkshire with staff input from partners, including North Lanarkshire Leisure, Community Learning and Development and Police. This funding is due to end on 31<sup>st</sup> March 2015. Work is underway to explore ongoing funding, however at this point in time there is no confirmation that SSNL will run beyond the end of March 2015.

In terms of continuity, the young people who attend the SSNL 10 week programme are encouraged to participate in other local activities, such as Saturday SportsScene and local youth activities. Information about local activities is provided to the young people during towards the end of the programme. In addition to this, development work is currently ongoing to explore opportunities for local people to receive training in sport coaching, with a view to running a volunteer based model, which would encourage community involvement and be more sustainable over the longer term. In addition to SSNL, there are a number of other diversionary activities on offer locally to young people across the locality. In previous years, Health Improvement has funded programmes such as The Street and Reeltime. Targeted at the most vulnerable and at risk young people these programmes provide an opportunity for young people to actively engage in a range of activities, including music and drama, and to explore a range of health issues that affect them, such as mental and emotional health, alcohol and drugs. There are plans to work with partners to offer similar programmes and opportunities to young people over the next year.

## **4. Conclusion**

The LAP Members are asked to note the content of this report for information.