

NHS LANARKSHIRE
NORTH COMMUNITY HEALTH PARTNERSHIP
BELLSHILL LOCALITY

Date of Report:	January 2009
From:	Tom Bryce, General Manager
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Subject:	Update Report to the Local Area Partnership

1. NHS Lanarkshire Wide Update

The new Bellshill Community Health Clinic was handed over in early December and opened on Monday 15th. The Clinic is fully operational and feedback from staff and members of the public has been extremely positive. The move from the old building to the new went smoothly and complied with information governance standards. The date for the official opening will be confirmed within the next two weeks.

Significant refurbishment of Viewpark Health Centre has taken place over the past three months and the works were completed in December 08.

2. Issues Specific to the Locality

Living Better Project: Supporting the mental health and wellbeing of people with coronary heart disease (CHD) and diabetes is currently being piloted within Bellshill Locality with the view of roll out to other localities. The initial work entails meeting with focus groups of service users with either CHD or Diabetes to map potential gaps in service provision (Jan 09). From this the reference group will meet to discuss the outcomes and set the initial plan for development of joint ICP for long term conditions and mental health issues (Feb 09). The results of this will be presented at the next steering group to be arranged around March 09.

Keep Well Project: The Keep Well Project, to test anticipatory care with a specific focus on cardiovascular disease and related illnesses, screening patients between the ages of 45 and 64, is rolling out as of 9th February 2009 within two identified practices - John Street practice, shortly followed by Dr Menon's practice. Over the next few months all other practices within Bellshill Locality will be contacted to ask them to sign up to this service. This early sign up will allow IT to access the information required allowing the Keep Well Team to move on quickly once they have exhausted the screening within each practice.

Mild/Moderate Mental Health Pilot: The project was established to meet the HEAT targets from the Scottish Government by providing formal assessment of patients presenting with mild/moderate mental health issues and match treatment to appropriate level of need and reduce increase in the annual daily dose per capita of antidepressant medication prescribing. The pilot will provide access to short-term psychological intervention within tier 0, 1 and 2.

The pilot will continue until October 2009. The evaluation is underway including feedback from Service users, GPs CAAP's and Gateway Workers. In addition, the evaluation will study the population of service users in the area receiving CAAP, Gateway, Counselling or GP only service. This will include appropriateness, quality and cost of service. Since taking referrals the team have had 1932 referrals from both localities and currently there are no waiting times

Anti-depressant prescribing, the % rate of increase continues to show a slowing down in rate particularly within the Bellshill Locality where the pilot has been based since July 07.

Evaluation, the report was due in December 08 but has been delayed further. The external team evaluating the pilot and therapeutic counselling service will now give a presentation at the Steering Group on the 6th February 09 from this a brief presentation will follow to the cabinet with outcomes/recommendations.

3. Health Improvement

Blue Light Disco

The Blue Light Disco (BLD) continues to be a successful mechanism to provide a safe drug and alcohol free environment for young people to have fun. A wide range of partners have been involved in the organisation of this event (Police, Health, Fire and Rescue, Regeneration, CLAD, Voluntary sector, Young Scot, Generation Youth and the Community Forum). The last BLD on 13th December was a success with 115 young people attending. The disco was held at Sir Matt Busby Sports Complex and has merged with the successful 'Saturday Sports Scene' project. Education and Information was provided by Young Carers, Terence Higgins Trust, LANDED and SAMH. The evaluations have highlighted that young people want the disco's to continue. The partners have committed to 4 discos for this year as this is an excellent opportunity for all to engage with local young people.

The Community Forum has also secured £3,500 from the Strathclyde Police Community Safety Partnership Fund to assist with the financial support of the BLD and Youth Diversionary activities.

HIYA Magazine - A NHS Lanarkshire Exclusive Women's Health Special

Bellshill locality have launched NHS Lanarkshire's first women's health magazine called "HIYA". This was designed and produced for, and with, local women by the Community Health Educators. This takes a "Hello" style "chat magazine" format, it is colourful and glossy and is expected to appeal to women and staff. The content addresses breast and cervical cancer and the relevant screening programmes as well as containing healthy eating tips and even articles for the men in our lives!

Dissemination of this resource has been wide including GP, dentist and social work waiting rooms, libraries, one-stop-shops, youth projects, family planning, healthy working lives co-ordinators and community pharmacies.

HIYA magazine was launched to coincide with European Cervical Cancer week on Monday 18th January to remind and urge women aged 20-60 in Lanarkshire to go for their cervical smear.

If anyone is affected by the issues in the HIYA magazine, Bellshill has Community Health Educators (CHE) who work with women in their community offering information and support to raise knowledge and awareness about cervical and breast screening services (their details are in the magazine). By receiving this extra support, women are now in a better position to make an informed decision about their health. Since January 2006 the CHE have made contact with 2300 women including 787 South Asian women.

Performance Report Including Community Planning Indicators

4. Updates Requested by the LAP

Nil

5. Conclusions

This report demonstrates the activity across the Locality and there is evidence of excellent partnership working across the agencies.

6. Recommendations

The recommendation is that the LAP members are asked to note the contents of the report and take up an update at the next meeting.