

NHS LANARKSHIRE
NORTH COMMUNITY HEALTH PARTNERSHIP
BELLSHILL LOCALITY

Date of Report: December 2009
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Subject: Update Report to the Local Area Partnership

1. NHS Lanarkshire Wide Update

Influenza (H1N1) Vaccination Programme

The national vaccination programme commenced on 21st October 2009 with the initial stage of the programme aimed at protecting those most at risk from serious illness from H1N1.

The priority groups were announced by the Cabinet Secretary for Health & Wellbeing on 13th August and are:

- People aged over six months and up to 65 years in the current seasonal flu vaccine at risk groups.
- All pregnant women
- Household contacts of people with compromised immune systems (e.g. people with close and regular contact with patients receiving treatment for cancer).
- People aged 65 years and over in the current seasonal flu vaccine clinical at risk groups.
- Frontline health care workers and social care staff with direct patient contact.

GP practices will be providing the programme within Lanarkshire to all high risk groups with exception of the staff programme which will be provided by SALUS.

2. Issues Specific to the Locality

Living Better Project / Integrated Care Pathways for Long-term Conditions and Mental Health Issues.

Bellshill Locality is one of the sites for the above pilot. Two local GP practices have been nominated to participate. The above joint ICP will dovetail the Lanarkshire ICP for depression when this is accredited.

- The initial meetings began in March 2008
- March 08 Reference group and Professional group established.
- May –Oct 08 sub- professional group met to discuss initial steps required
- Dec 08 two separate service user focus groups have been arranged for people with both Diabetes and Coronary Heart Disease to consider gaps in service provision.
- May 09 a training needs analysis has been completed to consider training gaps for staff within Primary Care.

Next Steps

- To provide half day mental health awareness training sessions for primary care staff in October 2009.
- Attended National Steering Group meeting in August 2009 for update on all pilot sites and consider next steps.
- Devise integrated care plan for LTC and mental health issues to be rolled at across NHS Lanarkshire

Mild to Moderate Pilot

The evaluation was completed in June 2009; comments received from steering group, now awaiting publication of document. Due to the positive outcome of the evaluation the pilot will form part of the wider framework for psychological therapies throughout Lanarkshire.

Health Improvement

Blue Light Disco

The Blue Light Disco (BLD) continues to be a successful mechanism to provide a safe drug and alcohol free environment for young people to have fun. A wide range of partners have been involved in the organisation of this event (Police, Health, NL Leisure, Side Kicks, Fire and Rescue, Regeneration, CLAD, Voluntary sector, Young Scot, Generation Youth and the Community Forum). The last BLD on 3rd October was a success with 170 young people attending. The disco was held at Sir Matt Busby Sports Complex and has merged with the successful 'Saturday Sports Scene' project. Education and Information was provided by Young Carers, Terence Higgins Trust, LANDED and SAMH.

The evaluations have highlighted that young people want the disco's to continue. The partners have committed to 4 discos for next year as this is an excellent opportunity for all to engage with local young people.

The next BLD is Saturday 12th December which will have a Christmas theme. A cheque for monies raised at the event will be presented to Cash for Kids.

Friday Night Project

The Friday Night Project in Keir Hardie Centre is a partnership approach to plan and deliver diversion activities for local young people.

The project started on Friday 9 October 2009 from 6pm till 10pm and all young people are invited to come along and be involved. The project provides football coaching on the new 3G Pitch, fitness facilities with gym instructor, beauty, DJ and dance workshops.

One Gender, Many Cultures Fashion Show

Female fashion from every corner of Lanarkshire's multi-ethnic community was celebrated at a prestigious fashion show.

The 'One Gender Many Cultures' fashion show took place at the Hilton Strathclyde on 8th November. Thirty Lanarkshire women modelled a range of clothes reflecting the range of cultural backgrounds in the county. Almost 200 women attended and raised over £1,000 for the cancer support charity Maggie's Lanarkshire.

The event was organised by the Bellshill based group (Humjolie) in partnership with Maggie's Lanarkshire and was supported by NHS Lanarkshire, Scottish Community Foundation Women's Fund and the North Lanarkshire Community Forum. Humjolie provides a range of services to Asian women in Lanarkshire as well as a place for them to meet and discuss issues that are important to them.

Anila Ansari, NHS Lanarkshire's Community Health Educator for minority ethnic groups, said: "This fabulous fashion show not only gave Lanarkshire women the chance to get involved and raise awareness of the work of a valued charity, it was also be an opportunity for women from different cultural backgrounds to come together and promote community cohesion and celebrate diversity."

Healthy Living Initiative

The HLI Steering Group is now established, has met twice and has 18 members representing 15 disciplines from public, private and third sector organisations.

It was agreed that the best way to reach out to and connect up the many projects in the Bellshill and District area was to encourage applications for small sums of money. A Finance sub group was set up to produce a transparent grant application process, which went live on the 2nd November, with a deadline of 4th December for the first round of applications. Successful applicants will be informed within 6 weeks (mid-January 2010). The next meeting of the HLI Steering Group will be 11th January 2010.

Healthy Weight Community Initiative

Viewpark has been identified as the pilot site aimed at preventing childhood obesity by engaging with families in their communities. Healthy eating, physical activity and healthy weight activities become part of a single coherent programme rather than current discrete activities.

Working in partnership with North Lanarkshire Council and the voluntary sector, much work has been done to organise the launch on Monday 16th November, officiated by Councillor James McCabe, Leader of North Lanarkshire Council. The programme logo is 'Something's Cooking in Viewpark' and includes free classes and taster sessions such as aerobics, cycling, health checks, organised walks, boxing, dancing, fruit stalls, gym induction, karate, tai chi, support and information on smoking, breastfeeding, weaning, diabetes, alcohol, mental health, healthy eating and healthy cooking on the cooking bus.

The Bellshill and District Community Forum are taking this opportunity to consult with Viewpark residents on their views of

- Health and wellbeing
- Community safety
- The environment

- Lifelong Learning
- Regeneration

Performance Report Including Community Planning Indicators

3. Updates Requested by the LAP

4. Conclusions

This report demonstrates the activity across the Locality and there is evidence of excellent partnership working across the agencies.

5. Recommendations

The recommendation is that the LAP members are asked to note the contents of the report and take up an update at the next meeting.