

NHS LANARKSHIRE
NORTH COMMUNITY HEALTH PARTNERSHIP
BELLSHILL LOCALITY

Date of Report: 20th September 2010

From: General Manager

Author: Richard Burgon

Subject: Update Report to the Local Area Partnership

1. NHS Lanarkshire Restructure: Bellshill Locality Key contacts

Unit General Manager:	Richard Burgon
Service Manager:	Karen McVittie
Senior Nurse:	Sandra MacInnes
Assistant Health Promotion Manager:	Elsbeth Russell

2. Community Events

Blue Light Disco

This social event continues to be successful attracting well over 200 young people at the September disco and over 150 in March and June this year. The success of the discos can be put down to the commitment of the partners but just as important is the role of young people. Central to the ethos of the project is that the views of young people are taken into account in the planning of the discos and they are encouraged to recommend improvements. The Blue Light Disco was started in Australia in 1976 by the Police. The disco was a response to concerns raised by local club owners about the number of youths turning up at discos drunk. One of the key aims of all of the blue light events is to give the Police the opportunity to begin breaking down the barriers between the Police and young people. In addition, these events provide a diversion for young people who may otherwise become involved in some other form of criminal activity. In Bellshill the Police, NHSL Bellshill Locality Health Improvement Team, North Lanarkshire Leisure, Community Learning and Development, Regeneration, Side Kicks, Fire and Rescue, Regeneration, Young Carers, Bellshill and Mossend YMCA, Young Scot, Generation Youth, Coakley Buses and the Community Forum work in partnership to organise 4 discos per year. The next disco is November 6th at the Sir Matt Busby Sports Centre, Bellshill

Men's Health Event

Bellshill Health Improvement Team in partnership with the Bellshill & District Forum and the Bellshill & Mossend YMCA hosted this event on the 10 September, Suicide Prevention Day to raise awareness of the importance of men's mental health as well as their general health. Approximately 60 men attended and just under 1/3 provided us with information on their health needs and understanding, which will be used to inform current and future services. Those who provided this information were put into a prize draw to win a Wii Sport and 5 Gym Memberships for the Bellshill and Mossend YMCA for 1 year. A wide range of partners supported the day including Choose Life/SAMH, Clubnet, Mild to Moderate Mental Health Service, Princes Carers Trust, Terence Higgins Trust, GEMAP (debt management), Routes 2 Work, Keep Well (health checks) Lanarkshire Community Food and Health Partnership (subsidised fruit and vegetables) Prostate Cancer Awareness and Landed (drug and alcohol awareness). Free haircuts, massage and a cooking demonstration was also available.

Friday Night Project

The Friday Night Project in Keir Hardie Centre continues to be popular with over 100 attending every Friday from 6pm till 10pm. The young people get to choose from a wide range of sport and fitness activities. In addition, central to the ethos of the project that the views of young people are taken into account in planning or recommending improvements to the programme.

This is very much a partnership approach to plan and deliver diversional activities for local young people involving Strathclyde Police, NHSL Bellshill Locality Health Improvement Team, NL Leisure, CLAD, Fire & Rescue, Young Carers, Bellshill YMCA and the Community Forum.

Healthy Living Initiative

The localities have recently been informed that they will receive £40k from the Fairer Scotland Fund for 2010-11. Bellshill, Motherwell and Wishaw are taking a Unit approach to identify models of best practice from the current funded work for each theme. This will be done in consultation with the HLI Steering Group partners before rolling out across the Unit. The main themes are early years, mental health, young people and food and nutrition.

Bellshill Community Forum

The Community Forum have met only once since June (summer break in July and loss of venue in August). The Health Sub Group helped organize and funded the September Men's Health Event (details above). The Forum continues to support the Blue Light Disco and the Friday Night Project Planning for the Carers Information Day in January and International Women's Day in February has begun with our partners.

Health Improvement Team

The Bellshill Locality Health Improvement Team has recently moved premises to Motherwell Health Centre. This move will not change their work priority which is to work closely with the people, community groups and partners in the Bellshill area.

The Health Improvement Team, with the support of partners, have secured funding from the NHS Alcohol and Drugs Partnership for the Blue Light Disco (£1,000) and the Friday Night Project (£2,750) and a NLC Community Grant for the Blue Light Disco (£1,000)

4. Conclusions

The Locality is currently working to ensure Health Improvement is featured appropriately within the developing Neighbourhood Improvement Plans.

Local Area Partnership members are asked to note the specific health improvement activity within the body of the report.

Continuing evidence of good work within Locality and NHSL which can only be enhanced with continued partnership working, political will and engagement at all levels.

5. Recommendations

The LAP members are asked to note the report and to approve the following actions with regard to:

- To identify specific areas for information to future LAPs in context of the Single Outcome Agreement and Community Plan.