

NHS LANARKSHIRE
NORTH COMMUNITY HEALTH PARTNERSHIP
BELLSHILL LOCALITY

Date of Report: 17th December 2010
From: General Manager
Author: Richard Burgon
Subject: Update Report to the Local Area Partnership

1. NHS Lanarkshire Restructure: Bellshill Locality Key contacts

Unit General Manager:	Richard Burgon
Service Manager:	Karen Hunter
Senior Nurse:	Sandra MacInnes
Assistant Health Promotion Manager:	Elsbeth Russell

2. Community Events

Blue Light Disco

The Blue Light Disco planned for the 4 December was cancelled due to the bad weather. Planning continues for the next disco on the 29 January 2012.

Breast Cancer Awareness Month

During the month of October the Health Improvement team organized breast cancer awareness activities. Two Pink Friday Events with NHS staff to raise money for Breast Cancer Awareness. A breast awareness DVD was played in the reception areas of 2 GP practices.

Alcohol Awareness Week

As part of Alcohol Awareness Week (4th October-10th October 2010), Bellshill Locality Health Improvement team together with the Bellshill Integrated Addiction Service hosted an event with Tesco Supermarket, Bellshill. A stall was set up in-store to allow health and social work staff to engage with Tesco shoppers and workers and ask ‘How do you measure up?’ This was the theme of this years alcohol awareness week, to encourage us all to think about how many units of alcohol we’re drinking. Shoppers were asked to pour how much

they thought was a unit and then shown what one unit really looked like. An understanding of alcohol units is important as it enables means us to stick to the sensible drinking guidelines of not regularly drinking more than 3-4 units per day for men and 2-3 units per day for women. Everyone was given leaflets and a free unit measuring cup.

Co facilitated alcohol awareness event with Motherwell Fire Station.

Healthy Living Initiative (HLI)

The HLI Funding Sub Group met in November to agree funding proposals under the main themes of early years, mental health, young people and food and nutrition. The Early years spend will be revisited and the other themed bids were accepted. Agreement is now needed from the other HLI Steering Groups (Motherwell and Wishaw) as this years proposals were Unit-wide bids.

Launch of Burnhead Food Co-op

As part of the Viewpark Bee Healthy Initiative a food co-op was launched in Burnhead Community Centre and will take place each Tuesday from 9:30 to 12:30pm.

Sexual Health

Health Improvement started delivery of 12 week Speakeasy course in partnership with Community Learning and Development. This training targeted parents and carers of Viewpark and Bellshill.

Community Forum

The Forum had their AGM and elected their forum members. The positions agreed were;

Chair:	Tom Leggate
Vice Chair:	Laura Campbell
Honorary Secretary:	Jimmy Mallaghan
Treasurer:	Colin McFarlane

Mental Health

As part of the Mental Health Film and Arts Festival the Health Improvement team co-wrote supported and performed in a mental health awareness play for South Asian women. Raising awareness cultural issues and gaps in service provision.

3. Adverse Weather

Despite adverse weather conditions Locality community staff maintained essential front line services.

4. Conclusions

The Locality is currently working to ensure Health Improvement is featured appropriately within the developing Neighbourhood Improvement Plans.

Local Area Partnership members are asked to note the specific health improvement activity within the body of the report.

Continuing evidence of good work within Locality and NHSL which can only be enhanced with continued partnership working, political will and engagement at all levels.

5. Recommendations

The LAP members are asked to note the report and to approve the following actions with regard to:

- To identify specific areas for information to future LAPs in context of the Single Outcome Agreement and Community Plan.