

NHS LANARKSHIRE
NORTH COMMUNITY HEALTH PARTNERSHIP
BELLSHILL LOCALITY

Date of Report: September 2011
From: Unit Service Manager
Author: Health Improvement Team
Subject: Update Report to the Local Area Partnership

Health Improvement

Smoking Cessation

The Stop Smoking Service continues in Viewpark Health Centre, Bellshill Cultural Centre, Michael Sherry Community Centre, Holytown and Newarthill Community Centre, Newarthill.

Information on smoking and second hand smoke was available at the Weaning Fayres in June and August and the Blue Light Disco in June.

8 members of the Viewpark Public Health Team were trained in Brief Interventions in August

Breastfeeding

Progressing towards submission of Stage II application for UNICEF assessment probably early next year.

Alcohol

HI Staff arranged for a performance of 'Acceptance' for S4 and S6 pupils at Bellshill Academy. The play highlight a girl's struggle to be accepted and how alcohol plays a huge part of how she tries to deal with things. Discussion took place with the pupils to offer their own opinions on the girl's situation and to allow opportunities for the pupils to offer solutions to her issues.

Bottlewatch has been launched in partnership with the police and Liber8 and environmental services. Tannochside, Birkenshaw and Laburnum Road have been identified as the 'hotspots'. The partners will engage with the

young people and shop owners offering education eg. test purchasing (shop owners) and alternatives to alcohol for young people.

The Blue Light Disco held its second event this year with 320 young people aged 10-16 years attending. As well as fun activities there are a range of health information stall including alcohol and smoking.

There is no Alcohol Awareness Week this year, however, information and resources have been combined through the Collaborative Themes Working Group and distributed during Suicide Prevention Week. This also includes information on sexual health and mental health.

Sexual Health

Health Spot, the Bellshill drop-in sexual health clinic continues to attract local young people. Over 400 have attended since January this year.

An 8-week Speakeasy course was completed in June to Bellshill parents. A second course will commence in August, both courses are in partnership with Community Learning and Development.

Information on sexual health included in the Collaborative Themes resources for display during Suicide Prevention Week (September), Mental Health awareness day (October) and World Aids Day (December).

Mental Health

ASIST and SafeTalk training dates continue to be offered to staff and partners within the locality through Choose Life. SafeTalk sessions were delivered to Social Work staff in June and August. The start of September was Suicide Prevention Week and through the Collaborative Themes Working Group information and resources were distributed to partners and colleagues within the locality such as Community Learning & Development, CL&D youth work team, Integrated Addictions Team and information displayed in health centres throughout the locality.

Healthy Working Lives

Bellshill Locality successfully achieved Silver Healthy Working Lives status in July. Planning for Gold is being discussed.

Early Years

Baby's First Weaning Fayre's took place in Viewpark in June and August attracting 35 mums. Mums received a weaning demo and 18 were recruited for weaning training. Free weaning 'starter' packs handed out and a range partners offered information on a range of subject from oral health/childsmile to bookbug.

Community Forum

The Health Improvement team organised a Business Planning Event in August to plan and agree how their North CHP budget should be spent. Ten programmes of work which address HEAT, SOA and the Health Improvement Action Plan, will be funded.