



**Bellshill & District Community Forum**  
**Report to Local Area Partnership**  
**May 2012**



## **Background**

The Community Forum has held four quorate meetings since the last LAP:

- Thursday 19 January
- Thursday 16 February
- Thursday 15 March
- Thursday 17 May

This paper aims to give LAP members a brief update on Community Forum activity over the past few months.

## **Community Forum Update**

Through the NHS Engagement Monies the Forum has, in partnership with a range of organisations supported the following initiatives in the first quarter of the year

### **Carer's Health & Wellbeing Road show**

More than a dozen local support services set up at Viewpark & Michael Sherry Community Centre to create a one-stop information shop for unpaid carers. Working in partnership with the Prince's Royal Carers Trust the 2 events attracted over 90 carers.

### **Men's Health Event**

Took place on the 14<sup>th</sup> March in Bellshill & Mossend YMCA. As it fell on No Smoking Day so the focus was on smoking. Over 40 men attended and took part in the prize draw by completing a Men's Health Questionnaire. The event consisted of 4 zones; Health Diet/Fitness, Mental Health & Wellbeing, Employability & Training, Stress Busting. Participating partners included Bee Healthy/NLFF, NHSL Stop Smoking Service, NHSL Health Improvement Team, Cardio Vascular Nurse Specialist, Addiction Services, Prostate Cancer Awareness, Bowel Cancer Awareness, Testicular Cancer Awareness, YMCA, Keep well, Strathclyde Police, a full report of the event is available.

### **International Women's Day**

- 46 local women visited the Scottish Parliament as guests of Michael McMahon's (MSP). They received a tour, lunch and a question and answer session with Siobhann McMahon (Michael could not attend due to a family bereavement). The women made good use of the opportunity to ask Ms McMahon questions about things that impacted on them and their community.

## **Developing the Group/Forthcoming**

Over the last few meetings the Forum have been attempting to consolidate the membership and ensure that the Forum truly representative of the community of Bellshill. To this end the group are looking at ways that they

At the last meeting the forum membership agreed to support a number of initiatives and events through their allocated health spend in the coming year these include on going support of the following initiatives:

- The Multi Faith Celebration
- Carers Event
- A Men's Health Event
- International Woman's Day

The group have also agreed to work over the coming year with the Bellshill Youth Forum and the YMCA to develop a process of youth consultation to effectively and meaningfully involve young people in both the forum and the community planning processes.

The group are also looking to host a North Lanarkshire stakeholder event looking at how we develop accessible and sustainable allotments/urban farms. The forum would hope that this initiative could assist the regeneration of the 'bing' area.

The group also hope to host a fuel poverty event later in the year and are looking to support the police's pathfinder project and an intergenerational project at the YMCA.

BDCF are hoping to work closely with the Local Area Team over the coming months to explore further opportunities for engagement within the local area team action plan and working with partners to meaningfully develop these opportunities.

#### **Further Issues for Consideration.**

There are no further issues for consideration.

The date of the next Community Forum meeting is: