

REPORT

To: BELLSHILL LOCAL AREA PARTNERSHIP	Subject: RESHAPING CARE FOR OLDER PEOPLE; PROGRESS REPORT	
From: EXECUTIVE DIRECTOR OF HOUSING AND SOCIAL WORK SERVICES		
Date: 18 APRIL 2013	Ref:	SM/SK/JMcE

1. Purpose of Report

- 1.1 The purpose of this report is to update members of the Local Area Partnership on progress made in respect of Reshaping Care for Older People across the statutory sectors in North Lanarkshire Council; NHS Lanarkshire and the Third Sector and the Independent Sectors as reported to the North Lanarkshire Reshaping Care for Older People Steering Group and the North Lanarkshire Health and Care Partnership.

2. Background

- 2.1 Reshaping Care for Older People is a Scottish Government policy aimed at supporting an increasing proportion of older people at home in keeping with their wishes. It was accompanied by a Change Fund for a period of 4 years from April 2011 to March 2015. The North Lanarkshire allocation of £3.8 million lies within the NHS Lanarkshire budget.

- 2.2 It is recognised that more older people provide support to their local communities than require high levels of support or services. However the changing demographic profile does mean that there will be a higher number of people who are older and who will potentially require support or services at a time when available resources may be lower.

The challenge is great. In North Lanarkshire, the number of people aged 65 years and over is due to increase by 20.6% by 2023 with the numbers of people aged 75 years and over due to increase by 30.5%. For Bellshill locality specifically, the number of people aged 65 and over in 2013 is 6,516 and is projected to rise by 27.9% to 8331 by 2023.

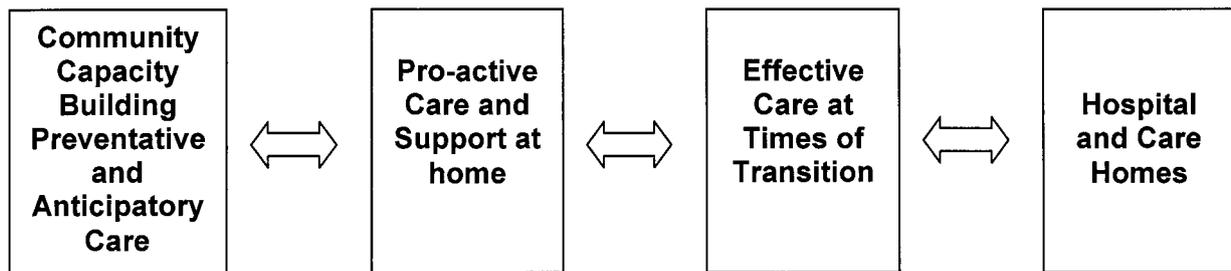
- 2.3 Change Fund monies are non-recurring and therefore it is intended that they provide an opportunity to test out and implement approaches to develop effective community based supports and services to improve outcomes for older people.

3. Overview of Progress Made

- 3.1 This section of the report provides a brief overview of the progress that has been made by the partner agencies over the first two years of the Reshaping Care agenda. Section 4 below provides more specific information in respect of what has been put in place within the locality.

- 3.2 The Scottish Government identified 4 key areas or "pillars" to which investment was to be directed. In determining these "pillars", it is recognised that it is just as important to support local communities to have networks of support in place for older people as well as to have targeted services as and when these are required. North Lanarkshire partners have made a strong commitment to capacity building in local communities to support older residents and ensure that they stay connected with local resources.

Reshaping Care Pathway



The primary intention of Reshaping Care for Older people is to ensure that more resources are channelled towards the first three elements above to ensure that older people are supported to live as long as possible in their own homes with the support and services require.

3.3 Community Capacity Building/Preventative and Anticipatory Care

A locality partnership programme has been implemented in each locality with effect from April 2012 through 6 local organisations (CACE, Voice of Experience, Glenboig Neighbourhood Centre, Orbiston Neighbourhood Centre, North Lanarkshire Carers Together, Getting Better Together). This programme is now moving from the mapping phase to developing a Partnership Consortium across all sectors in each locality to look at how a joint approach can support greater numbers of older people to (have a life) locally. Additionally there are other initiatives that have looked at community transport home from hospital, dementia friendly signing in sheltered housing, and partnership with local voluntary organisations to provide support.

3.4 Proactive Care and Support At Home

Is provided through initiatives such as re-ablement, polypharmacy (addressing management of multiply medications), telecare options, and support for carers. A development worker has been recruited for a period of 9 months by North Lanarkshire Carers Together to work with carers across the North Lanarkshire Council area to look at what arrangements require to be put in place to provide short breaks.

3.5 Effective Care at Times of Transition

Intermediate care which is being provided through 2 local authority homes in Monklands and Muirpark to provide assessment and rehabilitation for people who need some time to maximise their capacity before longer term arrangements for their support can be arranged as well as respite placements. Community assessment and rehabilitation teams provide a similar service to people on discharge from hospital within their own home. ASSET which is a prevention of hospital admission scheme is a service that has been piloted in Airdrie, Coatbridge and part of the Cumbernauld/North locality.

3.6 Hospital and Institutional Care

Improving discharge planning; liaison psychiatry and leadership support and development programme in care homes.

3.7 North Lanarkshire has a history of effective partnership working with a result that partners have been able to build on this in taking forward the reshaping care for older people agenda. However there is no doubt that this agenda has resulted in much stronger partnership in terms of providing health and care support and services between the statutory, third and independent sectors.

3.8 The partners are required to provide an annual update in respect of the local Change Plan as well as a mid year monitoring report on achievements made as well as accountability in respect of the Change Fund spend. A performance Framework has been developed to monitor the impact of current initiatives and joint working.

- 3.9 In terms of the Reshaping Care for Older People agenda, it is the totality of the partners' resources that require to be considered in terms of how a whole system approach will be improved, a sum equating to over £200 million pounds for the partners in North Lanarkshire.

4. Impact for Bellshill Locality

- 4.1 Resource has been allocated to Orbiston Neighbourhood Centre through the Locality Partnership Development Programme to develop the Consortium in the local area as well as carry out a mapping exercise on existing provision to support community capacity building.

The Consortium have organised a series of four community engagement events to inform the local community about the Activity Programme. There were over twenty applications received and the consortium will now allocate resource to those bids which meet the RCOP outcomes for the local area.

The bids include: Back to basic Computing; Keep Fit; I.T. Initiative; Getting Involved Activity Programmes; Teenagers I.T.C. Tuition; Happy Chefs; Getting Together; All Activity will be considered in line with the Community Capacity Building and Carers Support Strategy outcomes.

Consultation highlighted that there was a lack of provision for social activities for men. We were able to locate premises on the bus route. This is within a local social club and there is no cost involved. Within this club there are refreshments, and available activities which range from dominoes, cards, and snooker. We have been able to link in the football reminiscences from Alzheimer's Scotland and we also have a local café on board to provide sandwiches. This group is now flourishing and we have 13 members to date.

The other group is within a sheltered housing complex which is now self sufficient. The group offers entertainment every fortnight and they provide soup and sandwiches from a local café at lunch time. This group has progressed quickly and 33 people are now attending. Housing has agreed to supply additional tables and chairs so that others within the community who are keen to attend can be accommodated.

There is very good networking and capacity building within the Bellshill locality with a huge variety of activities already being supported from the Viewpark food co-op to Woodlands Grove Arts and Crafts which are collated in the 'Resource Bank'

4.2 Pro-active Care and Support at Home

Re-ablement - an additional Occupational Therapist has been introduced to identify through review, those service users who could benefit from re-ablement, maximising functional capacity and independence.

Since commencement of re-ablement services in April 2010, 450 service users have received support from re-ablement; 168 have a reduction in their level of support; 105 no longer requiring a home support service but have been introduced to community supports via Locality Link Officer - to date these service users have been able to maintain their independence within the community.

A number of **housing initiatives** have commenced which seek to improve outcomes for older people within the Bellshill locality. These include:

- Enhanced design of sheltered housing complexes based on dementia friendly design principles in Unitas Court. Enhancements underway, aiming to provide to more accessible, inclusive living environments for older people who have or develop memory problems.

- Improved accessibility in sheltered housing complexes common rooms with programme of installation of automated doors scheduled to commence at: West End Drive, Unitas Court, Clay Road, Moray Quadrant and Central Park.
- Planned provision of flexible storage space for mobility scooters and other equipment at Unitas Court.
- Provision of new build common space at Woodlands Grove, Viewpark to improve social interaction opportunities for sheltered housing tenants and older people from the wider community.

4.3 Effective Care at Time of Transition

Respite Flat

A flat has been identified within Corston Court Very Sheltered Housing, to support individuals and their carers when respite support is required, avoiding the need for care home or hospital admission. Access to the flat is via referral to the Bellshill Locality Planning Group for older people. This opportunity will be available to service users within Bellshill locality from April 2013.

Muirpark Home

Re-opened in November 2011 following extensive refurbishment providing support to individuals for short stay admissions/intermediate care. This new service is proving to be extremely successful in rehabilitating service users and patients, thus preventing admission to long term care. Muirpark has a total capacity of 21 beds – 5 respite, 7 step down from acute hospital and 9 step up beds from the community.

A recent example involved a service user with complex needs, resulting in this lady having a prolonged stay due to her significant health needs. However, through collaborative working between the family, NHS colleagues, Social Work Services and Muirpark staff, this lady is about to return home imminently with a significant improvement to her health and wellbeing and a support package to assist her in maintaining same.

5. Strategic Resource Considerations

- 5.1 The partners in North Lanarkshire were required to prepare a Joint Strategic Commissioning Plan by March 2013. This plan is currently available for a period of consultation prior to finalisation and approval at the North Lanarkshire Steering Group and the North Lanarkshire Health and Care Partnership.

6. Recommendations

- 6.1 It is recommended that the Local Area Partnership
- I) Note the content of this report



Mary Castles
Executive Director of Housing and Social Work Services

For further information on this report please contact Sandra Mackay, Programme Manager for Reshaping Care for Older People in North Lanarkshire (01698 332076) or Stephen Kerr, Planning and Performance Manager, North Community Health Partnership (01698 858122)