

NHS LANARKSHIRE

NORTH COMMUNITY HEALTH PARTNERSHIP

NORTH EAST UNIT

Date of Report: 28 June, 2013

From: Karen Hunter, Service Manager NHSL – Bellshill Locality

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Subject: Update Report to the Local Area Partnership

1. Smoking Cessation, Tobacco Control, Prevention and Education

The impact on health of tobacco and second hand smoke has been well documented and is a key priority for NHS Lanarkshire and its CPP.

The table below shows that Bellshill's smoking rates are higher than the Scottish and Lanarkshire average and within Bellshill the Viewpark figures are higher still.

SMOKING RATES			
Bellshill	Viewpark	Lanarkshire	Scotland
34.8%	42%	29%	32%

The NHS Lanarkshire Health Improvement Plan 2013-2014 commits to a range of activities and outcomes under Smoking Cessation, Tobacco Control, Prevention and Education. The outcomes are;

- ❖ To achieve at least 9882 successful quits (at 1 month post quit). Including 5929 in the 40% most deprived within Board SIMD areas Over the 3 years ending March 2014
- ❖ To reduce tobacco related harm in Lanarkshire through reducing rates and frequency of smoking in adults and young people and reducing exposure to second hand smoke.
- ❖ To reduce health inequalities by reducing smoking in deprived and vulnerable groups.

These outcomes will be met through the following 3 work areas;

- ❖ **Stop Smoking Support Services** based in the community to help people give up smoking
 - Group and drop-in sessions in the community

- Group and drop-in sessions in the workplaces. Currently delivering services to Virgin Media Call Centre with 800 employees, Tesco Bellshill with 300 staff and the Kwik Fit Call Centre
- Pharmacy Support Service. All Bellshill pharmacies have registered to deliver 1-2-1 support.
- GP Referral to 1-2-1 advisor based within Viewpark Health Centre. This is a new service which started in May.
- Just Quit texting service for young people.

Group Drop-in Services in the Community

Venue	Day	Time
Bellshill Cultural Centre	Monday	7:00pm
Michael Sherry Centre, Holytown	Monday	6:00pm
MacInnes Medical Centre Newarthill	Monday	1:45pm
Viewpark Health Centre	Tuesday	10:00am
Viewpark Health Centre	Wednesday	6:00pm
Bellshill Cultural Centre	Thursday	10:00am

Brief Intervention Training/Awareness Training

144 staff trained from NHSL, Community Planning Partners and voluntary sector. This includes Welfare Benefits Agency staff and Employability Agencies. Training planned for Routes 2 Work and Justice Services staff.

Working with Community Learning and Development, Police, Bellshill YMCA and Lanarkshire Stop Smoking Service to deliver Young Peoples Tobacco & Cannabis training to Pathfinder project staff.

- Working in partnership with the Justice Services to set up a Health & Wellbeing Working Group to explore ways in which Health Improvement can support their staff to improve the uptake of service users accessing services.
- A Tobacco Youth Worker has been employed to support the coordination and delivery of Smoking, Prevention and Education within the core programme of delivery in all 5 FNP. Coaches will receive Young Peoples Tobacco and Cannabis Awareness training to support the delivery of this programme.

2. Smoking prevention education through campaigns and local initiatives

- a. Promotion of Jenny & The Bear, a Curriculum for Excellence second hand smoking resource at the “Get Active “event 2nd June attended by 14,000 Lanarkshire residents.
- Promoted the Lanarkshire Stop Smoking Service at 2 Justice Service Health Fayres 23rd May and 11th June funded by NHSL BBV Network.
- b. Continue to support the ‘Mini Movers’ and “Active Families programme to deliver Second Hand Smoke lesson plans in their core programme of activities to all nurseries across North Lanarkshire.
- c. Range of activities delivered on No Smoking Day (Action Plan and report available on request).

3. Smoking in Cars Consultation

This is a proposed Private Member’s Bill in the Scottish Parliament which would make it illegal to smoke in a car where a child under 16 is present.

“If someone smokes inside a car, the concentration of second-hand smoke increases very quickly due to the confined space of the vehicle. Even if windows are opened or air conditioning is used, the harmful particles remain in the atmosphere long after the visible smoke has disappeared...

Exposure to second-hand smoke in cars is harmful to all occupants, but especially to children who have little or no control over their environment. There is clearly more to be done to raise awareness of the level of harm caused by second-hand smoke in confined spaces.”

Source: Scottish Government. ‘*Creating A Tobacco-Free Generation: A Tobacco Control Strategy For Scotland*’. p25.

The consultation is in the very earliest stages of the process and it represents a huge opportunity to take a significant step forward for the respiratory health of children in Scotland. This part of the consultation runs till **5pm on Friday 30th August**. It’s a vital opportunity for the NHS, Community Planning Partners as well as the respiratory community in Scotland and beyond to reinforce the importance of this measure.

http://www.scottish.parliament.uk/S4_MembersBills/Smoking_in_cars_consultation_S4.pdf

4. Bellshill Clinic

John Street Medical Practice continue to progress plans to build a replacement clinical facility at the site where their practice was destroyed as a result of fire. The drawings have been completed and will be submitted to NLC planning department when the land leasing arrangements have been concluded.

5. Conclusion

The performance indicators show Bellshill to be on track for meeting the agreed outcomes. We would still, however welcome any suggestions or innovative ideas that may improve the smoking service in Lanarkshire.

The LAP members are asked to note the content of this report for information.