

NHS LANARKSHIRE

NORTH COMMUNITY HEALTH PARTNERSHIP

NORTH EAST UNIT

Date of Report: 6 January 2014

From: Karen Hunter, Service Manager NHSL – Bellshill Locality

Author: Karen Hunter & Locality Health Improvement Team

Subject: Update Report to the Local Area Partnership

1. John Street General Practice

The Practice continue to work towards a start date for the development of the new clinic building on the John Street site. Architects drawings have been amended to reflect guidance/advice from the District Valuer. The NHS Primary Care Manager is facilitating the process for approval and funding.

2. Sexual Health

Sexual Health services for vulnerable young people in Lanarkshire is for anyone up to 25 years of age who is considered to be at risk of physical or emotional harm. This includes a young person who is looked after and accommodated, under Social Work Care or has physical or learning difficulties. The service offers a Sexual Health Nurse Advisor who can refer/appoint the young person to other clinics and services and can describe what other services are available.

The contact number for the service is 07826 874 190

3. First Steps Programme North Lanarkshire

First Steps Workers have been valuable members of the Public Health/Midwifery Teams within the Locality and provide additional support to families for some time when required.

The First Steps Programme aims to tackle health inequalities in the very earliest years of a child's life and therefore to improve their outcomes throughout their lives. The key drivers for the First Steps Programme are within the context of Getting it Right for Every Child, the Early Years Collaborative and the Early Years framework in 2012/13. The First Steps Programme demonstrated success in achieving positive outcomes for clients. An average of 94% of clients demonstrated improved parenting capacity measured through confidence to care for their baby and 58% of clients showed an improvement in the mental health and wellbeing measured through the Warwick Edinburgh Mental Health & Wellbeing Scale.

The main criteria for the service is that the woman is a first time mother (includes first opportunity to parent) and in receipt of benefits. The First Steps Worker works under the guidance of Health Visitors/Midwives and seeks to work with the family from the earliest opportunity ie ideally during the antenatal period.

4. Child Health Surveillance 27-30 month Review

The Scottish Child Health Surveillance Programme supports the intention of the Early Years Framework to improve the outcome of children later in life by ensuring they achieve their health and development potential.

Recently the Scottish Government has introduced an additional universal child health surveillance check to be carried out at around 27-30 months of age. This is in addition to the child's development check which takes place at 6-8 weeks of age. The 27-30 month assessment has been introduced within NHS Lanarkshire is carried out by Public Health Nurses/Health visitors which have been trained in the use of a special development tool which helps assess social/emotional and language/cognitive development. Once assessed age appropriate health promotion advice is given and where additional need for support is identified, the Public Health Nurse will facilitate early access to effective, intervention such as behavioral support, parenting assistance or Speech and Language Therapy.

Clinics are run locally within the Health Centres and parents receive an invitation for their child to attend at around 30 months of age.

5. Family Nurse Partnership

Family Nurse Partnership is a Programme developed for first time mothers under 20 years of age. The mothers are notified of the Programme by their Midwife. Throughout the Programme specially trained nurses make required visits to the mothers in their own homes to help mum provide the best care they can for their babies and plan for their futures. The Programme operates under strict licensing criteria and evaluation criteria.

6. Conclusion

The LAP members are asked to note the content of this report for information.