

NHS LANARKSHIRE

NORTH COMMUNITY HEALTH PARTNERSHIP

NORTH EAST UNIT

Date of Report: September 2013

From: Margot McLean, Service Manager NHSL – Bellshill Locality

Author: Margot McLean, & Locality Health Improvement Team

Subject: Update Report to the Local Area Partnership

Street Soccer NL

The 10 week programme from March to May took place in the Orbiston Jewel scheme/Bing area. The programme is set up in 'hot spot' areas where youth antisocial behaviour is prevalent. The programme was very popular with an average of 50 young people attending each week (ranged from 30-74). The next programme will start on Tuesday 5 August at the same site and again will be supported by health improvement, North Lanarkshire Leisure, Police Scotland, Community Learning and Development the Bellshill YMCA and the Community Forum.

Evaluation of the previous 10 week programme in 2013 in the Bellshill TESCO car park showed a 31% reduction in youth incidences. Figures are not yet available for this latest programme.

Jenny the Bears Big Day Out

In partnership with the Orbiston YMCA Out of Hours Childcare Service we engaged with 52 parents/carers and 88 children to inform them of the dangers of second hand smoke. Games, lunch and information was provided and the children and young people and their parents/carers took part in a campfire with Jenny the bear leading the sing-a-long (Jenny the Bear song about second hand smoke) The day was viewed as a great success by the families and YMCA staff.

Play Safe Home Safe

The Play Safe, Home Safe website summer campaign is now live and focuses on highlighting music festivals, holidaying abroad and house parties as target areas for alcohol, sexual health and keeping safe. Summer campaign wallet cards have been printed and will be distributed to relevant groups across the locality and A4 top tip poster will also be distributed by police to all licensed premises along with wallet cards. These resources have been promoted at the CSSG, CLPG and Community Fora. The website can be viewed at www.playsafehomesafe.org.uk

The Blue Light Disco

The Bellshill BLD for young people 10 to 16 years was held 14th June at Sir Matt Busby Sports Centre with the theme of sun awareness. This identified that young people didn't know that sun damage as a child can have an impact in adulthood. Approximately 100 young people attending. Previous discos (4 per year) have had approximately 300 but attendance tends to be lower in the summer months with an average of 300 attending the other 3 discos.

Young People Smoking Pilot

The planning of this new service has been ongoing since January. It will be based in the Bellshill YMCA and will commence in early September 2014. This is a 4-6 week structured smoking prevention programme based on the Glasgow Youth Cessation Kit & Portland High school model. It will be delivered and supported by Health Improvement, NLC School Partnership Officers and YMCA Youth workers who will be trained and supported by the LSSS.

Conclusions

The LAP members are asked to note the content of this report for information only.