

To: Education Resources Sub Committee	Subject: The Progress of Breakfast Service Provision
From: Director of Education	
Date: April 2006	
Ref: MM/RM/CB	

PURPOSE OF REPORT

This report updates members on the progress of the breakfast service.

Michael O'Neill

RECOMMENDATIONS

The education committee is recommended:-

- (i) to note the progress of breakfast service development.
- (ii) to request a further progress report in 2007
- (iii) refer this report to the Community Services Committee

Members wishing further information should contact:

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NORTH LANARKSHIRE COUNCIL : DEPARTMENT OF EDUCATION

THE PROGRESS OF BREAKFAST SERVICE PROVISION

Joint Report by the Directors of Education and Community Services

1. BACKGROUND

- 1.1 In September 2004 the Education Committee approved the development of a sustainable breakfast service in primary schools. This decision was based on local and national evaluations and built on the existing good practice from the pilot schools. Details of the core service are attached as Appendix I.
- 1.2 The agreed model aimed to develop a 20p service in those schools in areas of significant need, taking account of free school meal and clothing grant entitlement and regeneration data zones. It further aimed to enable the development of a 60p service in all remaining schools where there is an identified demand. It was agreed that a supervisor would be employed for one hour per school day to oversee the service in each school.
- 1.3 The council's Health Improvement Plan also recognised the wider advantages of breakfast provision in schools. A healthy and nourishing start to the day enhanced children's concentration span, energy levels and readiness to learn.

2 DEVELOPMENT OF THE SERVICE

- 2.1 In September 2004 38 schools met the agreed criteria as outlined in Section 1.2 above. This number included the 13 services previously established from other funding sources such as Social Inclusion Partnership, Better Neighbourhood Services Fund and Health Improvement Fund.
- 2.2 A phased programme was begun to establish a service in the remaining 25 schools. This has been achieved in 23 schools while 2 remain without a service to date. In these 2 services delay has been caused by a combination of factors including the appointment of supervisory staff and the lack of kitchen space and facilities.
- 2.3 In October 2005 funding was secured from the Community Regeneration Fund to develop the service in a further 19 schools within the highest 0 – 15% SIMD (Scottish Indicators of Multiple Deprivation) data zones.
- 2.4 Between September 2004 and March 2006 16 schools established a 60p service.
- 2.5 In total, pupils in 71 schools currently have access to a breakfast service, available daily during school term time between the hours of 8.30 – 9.00 a.m.
- 2.6 On average, over 1,500 breakfasts are served each day in our primary schools. This is a significant development. Full details of services and average number of meals served is attached as Appendix 2.

- 2.7 The table below outlines the development and growth of breakfast services between 2000- 2006.

Year	No. of services	No. of meals served – daily average
2000/01	2	43
2001/02	3	68
2002/03	3	74
2003/04	9	218
2004/05	25	575
2005/06	68	1517

3. PERSONNEL / FINANCIAL IMPLICATIONS

- 3.1 The total cost for the supervision outlined at 1.2 is £125,000.
- 3.2 A breakfast co-ordinator has been appointed within Catering Services to oversee the service. A 50% contribution towards this salary costs is met from the funding detailed below. The remaining 50% is met from the Scottish Executive's Hungry for Success initiative.

o Integrated Schools	£100,000
o Health Improvement Fund	£ 55,000
o Community Regeneration Fund	£ 107,000
o Hungry for Success (salary contribution)	£ 15,000
Total	<u>£275,000</u>

All costs are met from within the above income as outlined below.

Expenditure	
Food costs	£53,534
Supervision	£129,237
Promotional Materials/Activities	£17,250
Set up costs	£5,700
Co-ordinator salary contribution	£15,000
Resources to enhance service delivery	£54,274

Catering services provide the service at a break-even cost.

4 MANAGEMENT

- 4.1 The development of breakfast services is managed by a joint group comprising representatives from education, catering services and NHS Lanarkshire.
- 4.2 As mentioned in Section 3.2, a breakfast co-ordinator has been employed on a secondment basis throughout 2005 to have an operational overview of the running of the services.

- 4.3 The Integration Manager, Education Department, also has responsibility to liaise with heads of establishment and local supervisors, to oversee the budget and to prepare reports about service provision.
- 4.4 As part of the on-going management and monitoring of the service, community services and the education department will continue close collaboration to ensure effective monitoring and evaluation of the service. In addition, the multi agency steering group will continue to promote the development of the service and ensure that the costs of the current service can be met from the funds allocated.

6. RECOMMENDATIONS

The Education Committee is recommended:

- (i) note the progress of breakfast service development.
- (ii) to request a further progress report on the service at the end of session 2006-07
- (iii) refer this report to the Community Services Committee

THE CORE PROVISION

- 1.1 Breakfast is available each school day morning between 8.30 – 9.00
- 1.2 On arrival, children “sign in” for reasons of health and safety.
- 1.3 Children are met and welcomed by a supervisor who is paid for 1 hour per day at the grade of GS1/2.
- 1.4 Children collect a brightly coloured tray and cutlery and select from the items which have been prepared and laid out previously
- 1.5 The menu includes:
 - A choice of cereal (cornflakes, weetabix, rice krispies or similar) – porridge may also be available during the winter months
 - A tub of milk
 - A choice of fruit juices (orange, cranberry or apple)
 - White and/or brown toast
- 1.6 Children proceed to tables and seats which have been previously laid out where they can choose to sit either with friends or siblings
- 1.7 The supervisor uses this opportunity to chat to groups and individuals

Appendix 2

School	Av. Attend.
ABRONHILL PRIMARY	22
ALEXANDER PEDEN PRIMARY	36
ALEXANDRA PRIMARY	15
ALLANTON PRIMAY	April 06
BARGEDDIE PRIMARY	19
BELVIDERE PRIMARY	24
BERRYHILL PRIMARY	21
BURNHEAD PRIMARY	19
CALDER PRIMARY	32
CARBRAIN PRIMARY	42
CARNBRO PRIMARY	15
CASTLEHILL PRIMARY	29
CHAPELSIDE PRIMARY	23
CHRIST THE KING	14
CLELAND PRIMARY	16
CONDORRAT PRIMARY	21
CORPUS CHRISTI PRIMARY	13
DUNROBIN PRIMARY	33
DYKEHEAD PRIMARY	56
EASTFIELD PRIMARY	17
GARTSHERRIE PRIMARY	Not yet est.
GLENGOWAN / ST MARY'S PRIMARIES	April 06
GLENMANOR PRIMARY	23
GOLFHILL PRIMARY	24
GREENHILL PRIMARY	23
HOLY CROSS PRIMARY	35
HOLYTOWN PRIMARY	17
KILDRUM PRIMARY	25
KILSYTH PRIMARY	36
KIRK O SHOTTS PRIMARY	23
KIRKSHAWS PRIMARY	33
LAWMUIR PRIMARY	26
LOGANS PRIMARY	21
MUIR STREET PRIMARY	29
MUIRHOUSE PRIMARY	27
NEW STEVENSON PRIMARY	April 06
Sub total:	809

School	Av. Attend.
NEWMAINS PRIMARY	20
OLD MONKLAND PRIMARY	23
OUR LADY & ST FRANCIS	33
PETERSBURN PRIMARY	21
ROCHSOLLOCH PRIMARY	13
SACRED HEART PRIMARY	36
SHAWHEAD PRIMARY	23
SIKESIDE / ST STEPHEN'S PRIMARIES	21
ST AIDAN'S PRIMARY	16
ST ANDREW'S PRIMARY	31
ST AUGUSTINE'S PRIMARY	April 06
ST BARTHOLOMEW'S PRIM	April 06
ST BERNADETTE'S PRIMARY	37
ST BERNARD'S PRIMARY	14
ST BRENDAN'S PRIMARY	21
ST BRIGID'S PRIMARY	Not yet est.
ST COLUMBA'S PRIMARY	23
ST DAVID'S PRIMARY	17
ST DOMINIC'S PRIMARY	April 06
ST GABRIEL'S PRIMARY	13
ST KEVIN'S PRIMARY	32
ST MARY'S PRIM CLELAND	12
ST MATTHEW'S PRIMARY	11
ST MONICA'S PRIMARY	31
ST PATRICK'S PR N/ST	13
ST PATRICK'S PRIM, C'BRIDGE	35
ST PATRICK'S PRIM,KILSYTH	27
ST SERF'S PRIMARY	27
ST THOMAS' PRIMARY	32
ST TIMOTHY'S PRIMARY	21
STANE PRIMARY	26
THORNLIE PRIMARY	22
TOWNHEAD PRIMARY	14
VICTORIA PRIMARY	21
WHITELEES PRIMARY	22
Sub total:	708
TOTAL AVERAGE DAILY MEALS	1517