

AGENDA ITEM No.....12.....

NORTH LANARKSHIRE COUNCIL

REPORT

To: LEISURE SERVICES COMMITTEE		Subject: COACH EDUCATION STRATEGY FOR NORTH LANARKSHIRE
From: HEAD OF SPORT & RECREATION		
Date: 19 MARCH 1999	Ref: SR/MM	

1. **Introduction**

- 1.1 As part of Leisure Services commitment to the development of Coach Education, a strategy document for North Lanarkshire has been prepared in consultation with the undernoted organisations.

Scottish Sports Council's (Coach Education Unit)
Local Sports Clubs

2. **Methodology**

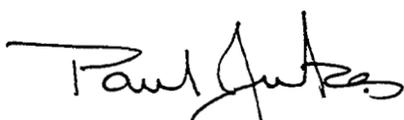
- 2.1 The consultation process involved discussions with the above organisations.

3. **Development Framework**

- 3.1 In addition to providing a valuable tool for setting out a long term framework for Coach Education for North Lanarkshire, the Strategy Plan will also provide a clear pathway for the development of coaching standards.
- 3.2 The strategy will be reviewed and amended from time to time to take account of the changes in National trends and to respond effectively to the needs of the community.

4. **Recommendation**

- 4.1 That the Committee approve the Coach Education Strategy for North Lanarkshire as set out in the attached report.


Head of Sport and Recreation

*Department of
Leisure Services*

***Strategy to develop
Coach Education within
North Lanarkshire***

North Lanarkshire Council

Sport and Recreation Development Coach Strategy Document

The Department of Leisure Services, as part of its comprehensive commitment to the development of sport within North Lanarkshire, has produced this Strategy Document which will enable a sound structure for coaching to be established. The document will also compliment the visions highlighted in the Scottish Sports Councils *Sport 21- Nothing Left to Chance* document:

‘Scotland - as a country where sport is more widely available to all, where sporting talent is recognised and nurtured; and of a country achieving and sustaining world class performance in sport.’

The provision of quality coaching is essential to achieve the objectives of *Sport 21* and to fully address coaching needs within North Lanarkshire. The Strategy will also take full cognisance of the ‘*Coaching Scotland*’ strategy, produced by the Scottish Sports Council.

The vital role which coaching plays in the development of sport is previously documented within the Department of Leisure Services sports specific Strategies of; *Gymnastics, Athletics, Sport for People with Disabilities* and for the Community Fitness Programme. The priorities for each sport differs, dependant on its own particular needs. However, all of the Strategies broadly enhance the key areas of education, support, recruitment and development.

Coaching in North Lanarkshire

Aim

To develop and provide support for coaching personnel within North Lanarkshire with a view to increasing the standards of performance of all sportsmen and sportswomen throughout the area.

Objectives

- *to develop a coach education programme catering for the needs of a range of coaches, regardless of their level of involvement*
- *to support local coaches in their efforts to obtain higher standards of coaching expertise*
- *to extend the current numbers of qualified coaches within the local authority*
- *to increase access to coaching opportunities for sportsmen and sportswomen within North Lanarkshire*

Key Areas

- **Coach Education**
- **Coach Recruitment**
- **Coach Database**
- **Coach Support Mechanisms**

Coach Education

To provide the appropriate and relevant coach education courses to increase knowledge and standard of coaching within North Lanarkshire.

Achieved by :-

- ensuring the availability of comprehensive sports specific and generic coaching courses which are validated by the appropriate national agency or governing body of sport.
- providing a range of in-house coaching clinics and workshops delivered by sports development staff with the relevant knowledge and experience.
- identifying gaps in provision adjusting the programme accordingly.
- liaison with external agencies to provide up-to-date information on coach education developments.

Partner Agencies

National Governing Bodies of Sport
 Scottish Coaching Unit
 National Coaching Foundation
 United Kingdom Sports Council
 Scottish Sports Council

Coach Recruitment

To encourage and assist current and potential coaches at all levels within all sports to become actively involved in coaching.

Achieved by :-

- establishing a 'mentor' system within the sports specific disciplines co-ordinated by the Sport and Recreation Development Section to enable potential coaches to shadow more experienced coaches.
- providing access and information on grant aid.
- ensuring information on coaching courses is widely publicised and appropriately marketed.
- establishing a database of coaches and level of qualifications. Thereafter, to raise those standards through a coach education programme.

Partner Agencies

Local Sports Clubs and Associations
 National Governing Bodies
 Education Department
 National Coaching Foundation
 Local Colleges
 Scottish Sports Council

Coach Database

To establish a North Lanarkshire wide coaching database to ensure adequate distribution of coach education resources.

Achieved by :-

- contacting all local sports clubs, associations and individuals to undertake an audit of the current levels of qualifications of individuals actively involved in coaching within North Lanarkshire.
- evaluating the current services available on a local and national basis for coaches.
- establish a coaches' evaluation form so that individuals can comment on the services on offer and make recommendations on any new services that may compliment future provision.

Coach Support Mechanisms

To increase the level of support services available to coaches within North Lanarkshire.

Achieved by :-

- developing and expanding the current Coaching Resource Centre to encompass additional areas within North Lanarkshire
- establishing a coaching forum
- producing a twice yearly coaches' newsletter to update coaches on new courses, special grants etc
- producing a coach education booklet
- providing information on grant schemes
- ensuring that all North Lanarkshire coaching personnel have undergone a SCRO (Scottish Criminal Records Office) check
- developing links with National Governing Bodies of Sport to ensure that coaching staff are circulated with up-to-date information relating to their individual sports.

Coach Strategy Document

<p><u>Coach Education</u></p>	<p><i>To provide the appropriate and relevant coach education courses to increase knowledge and standard of coaching within North Lanarkshire</i></p>	<ul style="list-style-type: none"> • ensure availability of a comprehensive programme of sports specific and generic coaching courses that are validated by the appropriate national agency or governing body of sport • provide a range of in-house coaching clinics and workshops delivered by sports development staff with the relevant knowledge and experience • identify gaps in provision and make the necessary alterations and additions to the programme • liaise with external agencies to provide up-to-date information about coach education developments 	<ul style="list-style-type: none"> • coach education courses to be provided on a six monthly basis (ongoing) • course programmes to be agreed by sports specific development officers in line with their individual strategies to be delivered at a local level (ongoing) • undertake an audit of the range of courses available within North Lanarkshire and surrounding authorities to avoid duplication of provision • subscribe to the relevant agencies producing information on coaching matters (March 1999) 	<ul style="list-style-type: none"> • National Governing Bodies of Sport • Scottish Coaching Unit • National Coaching Foundation • United Kingdom Sports Council • British Olympic Association • Scottish Sports Council 	<p>The priority area for 1999 will be in relation to the sports specific programme delivered by the Department of Leisure Services</p>
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<p><u>Coach Recruitment</u></p>	<p><i>To encourage and assist current and potential coaches at all levels within all sports to become actively involved in coaching</i></p>	<ul style="list-style-type: none"> • establish a 'mentor' system within the sports specific disciplines co-ordinated by the Sport and Recreation Development Section to enable potential coaches to shadow more experienced coaches • provide access and information about grant aid • ensure that information about coaching courses is widely publicised and appropriately marketed • establish a database of coaches and level of qualifications that through their inclusion within future courses and activities will have the affect of raising standards 	<ul style="list-style-type: none"> • Ongoing • March 1999 • Ongoing • Ongoing 	<ul style="list-style-type: none"> • Local Sports Clubs and Associations • National Governing Bodies of Sport • Education Department • Local Area Sports Councils • Scottish Association of Local Sports Councils • National Coaching Foundation • Local Colleges • Scottish Sports Council 	<p>The audit undertaken by the Sport and Recreation Development Section to establish current coaching levels within North Lanarkshire will go some way to establishing the areas of deficiency in recruitment of new coaches</p>
<p><u>Coach Database</u></p>	<p><i>To establish a North Lanarkshire wide coaching database to ensure adequate distribution of coach education resources</i></p>	<ul style="list-style-type: none"> • contact local sports clubs, associations and individuals to undertake an audit of the current levels of qualifications of those actively involved in Coaching within North Lanarkshire 	<ul style="list-style-type: none"> • March 1999 		

		<ul style="list-style-type: none"> • evaluate the current services available on a local and national basis for coaches • establish a coaches evaluation form so that individuals can comment on the services on offer and make recommendations on any new services that will compliment future provision 	<ul style="list-style-type: none"> • Ongoing • Ongoing 		
<u>Coach Support Mechanisms</u>	<i>To increase the level of support services available to coaches within North Lanarkshire</i>	<ul style="list-style-type: none"> • develop and expand the current Coaching Resource Centre to encompass additional areas within North Lanarkshire • establish a coaching forum • produce a twice yearly coaching newsletter to update coaches on new schemes, grants awards etc • produce a coach education booklet • provide information on grants scheme 	<ul style="list-style-type: none"> • ongoing • July 1999 / Dec 1999 • six monthly • ongoing 	<ul style="list-style-type: none"> • Scottish Sports Council • National Governing Bodies of Sport • Local Area Sports Council • Local Sports Clubs and Associations • National Coaching Foundation 	

		<ul style="list-style-type: none"> • ensure that all North Lanarkshire coaching personnel have undergone a SCRO check • develop links with National Governing Bodies of Sport to ensure that coaching staff are aware of developments in their own sport 	<ul style="list-style-type: none"> • ongoing • ongoing 		
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