

NHS LANARKSHIRE

NORTH COMMUNITY HEALTH PARTNERSHIP

COATBRIDGE LOCALITY

Date of Report: 21st October 2014

From: Owen Watters, General Manager, NW Unit, NHS Lanarkshire

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Subject: Locality Update Report to the Local Area Partnership

1. NHS Lanarkshire Wide Update

1.1 Appointment of Chief Officer – Integration of Health and Social Care

Janice Hewitt has taken up post as the chief officer of North Lanarkshire Health and Social Care Partnership. Her appointment is a critical step forward in the integrations of adult health and social care in North Lanarkshire.

1.2 The Lanarkshire Beatson

Following discussion at the last LAP, NHS Lanarkshire can confirm at this time that the Lanarkshire Beatson development will provide radiotherapy for four tumour types. The other principle therapy is chemotherapy which is currently, in the main, provided to Lanarkshire residents at Monklands, Hairmyres and Wishaw. This development will result in a very significant reduction in (but not completely eliminate) the number of occasions where Lanarkshire residents will travel to Gartnavel Hospital for oncology treatment. The head of Planning and Development would be happy to facilitate a briefing for a future meeting once the build programme is near to completion.

2. Locality Update

2.1 Waverley Medical Practice - Update

As a result of issues raised at the last LAP the Associate Medical Director - Primary Care and the Regeneration Manager have facilitated a meeting between GP practice staff and representatives from the Coatbridge LAP. This is in order to discuss and clarify issues in relation to telephone access and reporting of the Health and Care Experience Survey.

2.2 Reshaping Care for Older People – Transport Home for Older People

A new initiative developed under the RCOP programme will assist older people to return home from the emergency department between the hours of 5pm and midnight with the support of the British Red Cross and NLC. This development reduces the chance of admission to the hospital primarily relating to transport issues. The drive and escort will ensure that the individual is safely returned to their home environment and the BRC also provide a follow up call the next day.

2.3 Sexual Health Services - Update

Following a request for further information at the last LAP meeting, the following provides an overview of the sexual health services provided in Coatbridge Locality. All GP practice and health service staff are provided with a regular update on services and referral protocols are in place.

Details of all sexual health services are available on the Lanarkshire Sexual Health website (www.lanarkshiresexualhealth.org). All clients are advised to refer to the website for up-to-date details of clinical services. Appointments are made by calling **0845 618 7191** (Line open Monday to Friday 9.00am – 4.45pm).

Coatbridge Health Centre, 1 Centre Park Court, Coatbridge, ML5 3AP:

Sexual and Reproductive Health Clinic (formerly Family Planning)	Monday Appointment only	9.00am-10.00am* 1.30pm–8.30pm
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Integrated Sexual Health Clinic (formerly Genitourinary Medicine)	Monday Appointment only	9.00am-10.00am* 1.30pm-8.30pm
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* **Walk In Clinic** - Patients must arrive before 10am and will be assessed by a nurse and seen in order of priority. Patients are advised to arrive early to ensure being seen.

YP+ Clinic (drop in service for YP aged under 20 years without symptoms)

At this clinic a doctor will be present and services will include: STI testing and treatment, BBV testing, Contraception which includes Implants, IUD (Intrauterine Device) and IUS (Intrauterine System).

Monday 4.00pm-6.00pm

C Card Scheme (free condoms)

Available from main reception, dispensary and several practices in Coatbridge Health Centre as well as various practices and pharmacies across Coatbridge (see www.lanarkshiresexualhealth.org for details).

Buchanan Centre, 126-130 Main Street, Coatbridge, ML5 3BJ

#YouthBase (drop in service for YP aged under 20 years without symptoms)

Nurse-led clinic for YP offering STI and BBV testing, contraception which includes contraceptive pill and condoms.

Saturday 11.15am-1.45pm (drop in till 12.45pm)

If a young person has symptoms of a sexually transmitted infection, they require to make an appointment to be seen at the mainstream service and will be prioritised.

Please also note that GP practices in Coatbridge also continue to provide routine contraception and testing as part of the contract.

3. Health Improvement Update

3.1 Joint Inspection of Services for Children and Young People

Partners in North Lanarkshire have submitted the self-evaluation and evidence to the Care Inspectorate in preparation for the inspection of Children's Services which starts on 7 October. A series of briefing sessions on the process of the inspection are being delivered to staff. A report on the outcome of the inspection will be available in January 2015.

3.2. Promoting Health and Wellbeing in Early Years

Children's experiences in the earliest years of life strongly influence their physical and emotional health and well-being for the rest of their lives. Getting It Right for Every Child (GIRFEC) underpins Lanarkshire's approach to the delivery of services for children and families. There are currently around 3,146 children aged 4 years and under living in Coatbridge Locality, which accounts for almost 30% of children aged 17 years and younger.

Major programmes are being delivered in partnership across Lanarkshire including the Early Years Collaborative, development and delivery of pathways of care and support for parenting. Early Years Programmes include:

- **UNICEF breastfeeding programme**
Community Midwives, Public Health Nursing (PHN) and Health Improvement Teams are working to maintain Stage 3 of the UNICEF Baby Friendly Initiative. The focus of this work is to ensure that mothers within the community are provided with the information, advice and support they require to successfully initiate and maintain breastfeeding. In addition to PHN team support, mothers can access support at home from the Breastfeeding Support Service volunteers and through the local breastfeeding support group. A number of promotional events took place in Coatbridge Locality over the summer to raise awareness and encourage more mothers to breastfeed.
- **Weaning groups**
It is important to try and establish healthy eating patterns from an early age. This helps to maintain healthy weight and growth. Research shows that the most appropriate time to introduce solid foods to a baby's diet is around 6 months. Within Coatbridge Locality weaning groups are delivered monthly with input from Health Improvement, CLD, and Health Visitors. The groups provide practical information and tips on weaning and food preparation skills.
- **Healthy Start**
Strategic approach to improving the nutrition of pregnant women and families on benefits or low incomes. Programme enables pregnant women and children under 4 years to receive Healthy Start vouchers, which can be exchanged for milk, infant formula milk and fresh fruit and vegetables. They also receive Healthy Start vitamin vouchers which can be exchanged at Health Centres, local pharmacies and some community based organisations. The Safety Zone in Bargeeddie and Shawhead Nursery Centre have recently become distribution centres. Work lead by Health Improvement is currently ongoing to promote the uptake of the Healthy Start vouchers. This includes a test of change initiative as part of the EY Collaborative programme, to ensure that frontline staff working with children and families are aware of the programme and are promoting this as part of their day to day practice.
- **Work with young parents**
A number of programmes are now in place, which target young parents and provide intensive support to ensure that both parents and babies are provided with the support and guidance needed. Programmes include Family Nurse Partnership, First Steps and the Young mums' programmes. Input on a range of health related issues is provided by Community Midwives, Health Visitors, CLD, HI and other partners as required.
- **Play @Home**
Work targeting nutrition and healthier eating in the early years is complemented by programmes that aim to promote physical activity. The Play @ Home programme provides local early year workers with the knowledge and skills required to promote safe play and healthy physical activity with parents. A Play@Home session was held at the National Play Day event in Summerlee Park in August. 2,375 people from across Lanarkshire attended the event.

Conclusions

The LAP members are asked to note the content of this report for information.