

<p>NHS LANARKSHIRE</p> <p>NORTH COMMUNITY HEALTH PARTNERSHIP</p> <p>NORTH LOCALITY</p>
<p>Date of Report: October – December 2014</p> <p>From: Evelyn Ryan, Service Manager NHSL – North Locality</p> <p>Authors: Evelyn Ryan, Anne Alexander, Janice Scouler</p> <p>Subject: Locality Update Report to the Local Area Partnership</p>

1. NHS Lanarkshire Wide Update

1.1. NHSL Lanarkshire Appointments

Due to a number of retirements within senior posts the following appointments have been announced since the last reporting cycle.

Chief Executive	Calum Campbell
Direction of Nursing and Allied Health Professionals	Irene Barkby
Director of Acute Services	Heather Knox
Site Director – Monklands	Andrea Fyfe

2. Locality Update

2.1. Kilsyth Community Health Centre

Graham Johnston NHSL gave an update at the last LAP. Work continues to progress within the planned timescale. It is intended that staff will be ready to move in April 2015 following the Easter Break. Migration Meetings are ongoing keeping staff up to date to prepare for the move.

2.2. Accommodation Northern Corridor

A meeting took place with NHSL, NCL and Councillors representing the Northern Corridor to discuss potential options for new accommodation to house services within the area. The meeting was very productive and it was agreed that further meetings would take place to discuss any future progress or plans.

3. Health Improvement

3.1 Mental Health and Tackling Stigma: 'see me' campaign

Over 100 community representatives from the North Locality were present to celebrate the launch of the 'see me' music video within Cumbernauld New Town Hall on the 10th October. Various local partners provided information stands on local services including Police Scotland, Scottish Fire Brigade, NL Leisure and Well Informed etc. Beauty therapist from New College Lanarkshire (Cumbernauld Campus) provided taster sessions to participants. A further consultation exercise was carried out to develop the programme locally. The video has received over a 1,000 hits on the internet and is featured within Element website and plans are

underway to develop the video into an educational tool targeting young people to raise awareness of the stigma and discrimination associated with mental ill-health.

3.2 GIRFEC/Children & Families Services

- Bookbug

The Bookbug programme is now ongoing weekly for young Mums and Mums2B in the Link Community Centre, Cumbernauld immediately following the Young Mums' Group. The programme is facilitated by the Outreach Librarian until March 2015, after which time it is anticipated a suitably trained CL&D worker will continue to deliver Bookbug at the group.

- Young Mums & Mums2B

This group continues to run in the Link Community Centre, Cumbernauld, on a weekly basis and numbers are growing, albeit slowly. Delivery of an interactive 'Healthy Cooking on a Budget' session has taken place, along with a session from Childsmile and an interactive session on alcohol awareness. A series of complementary therapy sessions has also commenced and feedback from those attending is very positive.

4. PARTNERSHIP WORKING

Play Safe Home Safe/Young Persons Drop in clinic

Working in partnership with Police Scotland, to raise awareness of health messages for young people and develop partnership opportunities within the locality. Topics include Alcohol, Sexual Health & Relationships, Smoking & Cannabis, Mental Health & Wellbeing. Play Safe Home Safe Campaign delivered within New College Lanarkshire, Cumbernauld Campus on 3rd December 2014. Local young person drop-in clinic was also promoted to young people at this event.

Carbrain Community Consultation

NHSL Health Improvement Staff have been working in partnership with Community Regeneration and Community Learning & Development to undertake a planned programme of community consultation with families and children who live in the Carbrain area. This has involved attending Parent Council meetings, Parents Evenings, Schools Fayres, New College Lanarkshire Nursery Services. The aim of the consultation is to gather views and ideas from parents and carers on how to use a currently unused local space in Carbrain to benefit the health and wellbeing of their children. This consultation will continue throughout December and into the New Year to ensure as many local people get the opportunity to express their views and ideas about how to improve the area in which they live.

5. Re-shaping Care for Older People

Following the positive feedback received from the delivery of Practical Cookery and Nutrition Course held over August and September within CACE Older People Active Lives – Opal group members. Plans are underway to build the capacity of local Practical Cookery and Nutrition volunteer's to continue delivering the programme by linking into the Re-shaping Care Agenda's Community Food thematic topic

6. Detecting Cancer Early (DCE)

Breast Cancer Awareness October 2014 – Workshop delivered to CACE, Older Peoples Active Lives Group. Approximately 6 older women received advice and information on being breast cancer aware and breast screening.

On the evening of the 6th November 2014 a Cervical Smear Amnesty was delivered within Condorrat Health Centre. Nine women attended out of the 14 who had confirmed attendance. Those women who attended also received a complementary therapy treatment to help with any stress related anxiety to attending for a smear. Out of the 249 invites, 27 women booked in for a smear test out with the amnesty date.

7. Conclusions

The LAP members are asked to note the content of this report for information