

NHS LANARKSHIRE**NORTH COMMUNITY HEALTH PARTNERSHIP****NORTH LOCALITY****Date of Report:** 14th September 2015**From:** Evelyn Ryan, Service Manager**Author:** Evelyn Ryan, Service Manager, Anne Alexander, Health Improvement Senior**Subject:** Update Report to the Local Area Partnership**1. NHS Lanarkshire Wide Update****1.1 The Lanarkshire Beatson**

The Lanarkshire Beatson will open at the end of November 2015 and everyone involved with its development and build is excited to see the progress of the satellite site at Monklands Hospital.

Monklands is already our identified cancer centre, hosting a number of cancer services; this new facility expands its work of the renowned Beatson centre, based in Glasgow.

This is a great achievement for Lanarkshire as the service will provide world class standards in line with the Glasgow Beatson. The new Maggie's Centre is also located on the site.

1.2 Health and Social Care Integration Update

The North Lanarkshire Joint Integration Board (JIB) was formally established in June 2015. It has the statutory responsibility to plan for adult social work, adult and children community health and a proportion of hospital based care including A&E services.

The JIB is currently developing its strategic plan that will set out how these services will be delivered.

It is running two half day events for each of its six localities to look at local information and identify priority area for action. The dates for North locality were 15 September and 20 October 2015.

The JIB will then consider the information from each of the locality and produce a strategic plan.

The JIB intends to make the strategic plan available for comments December, January and February for formal feedback. It will then finalise the plan for integration start date of 01 April 2016

The integration health and social care managers have now been appointed in five of the six localities. Airdrie Locality has still to be appointed.

The Health and Social Care Integration team are Janice Hewitt (Chief Accountable Officer), Stephen Kerr (Interim Head of Health), and Bobby Miller (Head of Community Care), further updates will be provided to the LAP as this work progresses.

2. Health Improvement Update

2.1 Diversionary Activities for Young People

From June to September 2015 SSNL – Nine week football diversionary programme ran in Carbrain in partnership with NLL and Health Improvement. Offer coaching/skills training and engage with young people around health improvement topics such as drugs, alcohol, healthy eating, smoking and exercise. Due to SSNL now running Saturday Sports Scene in The Tryst, many of the young people are now attending Saturday Sports Scene due to the continuity and support from the coaches.

Reeltime Programme – This programme ran within 4 High Schools in the North Locality and targets the most vulnerable young people within the schools. Its aim is to develop a more mature and balanced relationship with alcohol through creative music based videos to express their opinions in a way other young people can understand. Landed also support this programme by delivered a session on alcohol awareness. Please find attached a copy of the evaluation. Embedded within the report are the CDs that the young people produced, created the music and performed.



REELTIME MUSIC
EVALUATION 2015.px

DJ Sports Coaching – this social enterprise scheme is now running on a Friday evening from 7pm – 9pm in the heart of Carbrain (Carbrain Baptist Church). The programme is targeted at 9 to 18 years olds to encourage physical activity, team working & leadership skills. There are two volunteers from the local community that are currently being trained to achieve their sports coaching badges which will help towards future employment opportunities. This programme has been supported by Health Improvement and we are currently pursuing funding opportunities via Sanctuary Housing.

3 GIRFEC/Children & Families Services

Young Mums & Mums2B

This group continues to run in the Link Community Centre, Cumbernauld, on a weekly basis, and numbers are growing. Delivery of an interactive 'Healthy Cooking on a Budget' session has taken place, along with a session from Childsmile, and an interactive session on alcohol awareness. A series of complementary therapy sessions has also commenced and feedback from those attending is very positive. There is a programme of health and wellbeing activities developed and the programme also incorporates talks from Scottish Fire & Rescue and Citizens Advice.

3.1 Partnership Working

Young Person's Sexual Health Drop in clinic

Drop in clinic continues to run every Monday from 4pm to 6pm within Central Health Centre. Young people under the age of 20years can access sexual health services. A consultation exercise was undertaken to identify other areas of young people lives that they would like to be provided with at the clinic. The results showed that the biggest concerns for young people were: relationships & sexual health, stress/anxiety, mental health, alcohol/drugs. The results will be translated into a programme of information sessions delivered over the year within the clinic.

3.2 Cumbernauld Gala Day

Health Improvement and Lanarkshire Stop Smoking Service supported Cumbernauld Gala day by providing health and wellbeing information on the day. A consultation on e-cigarettes was also undertaken and over 60 local residents completed the consultation. The team were also able to directly refer people into the stop smoking service on the day. The outcome of the consultation showed that the majority of people who used e-cigs, used them to help stop smoking and that they were cheaper than cigarettes. There was also a lot of discussion with local people around mental health issues and information/advice and signposting to local wellbeing groups and services was delivered.

4 Mental Health – Suicide Prevention Consultation

Health improvement staff are working in partnership with SAMH & Well-Informed to undertake a consultation exercise with the public to gather behaviours and attitudes towards the subject of suicide. The consultation is also asking people to let us know if they are aware of local mental health and wellbeing services available to them, e.g. stress control, community clinics, well connected (social prescribing programme). Consultation has taken place so far within New College Lanarkshire, Cumbernauld Community Forum AGM, Kilsyth Health Centre. The consultation will continue over the next few months and a report will be available after this consultation period.

5 Conclusions

The LAP members are asked to note the content of this report for information.