

**Kilsyth & Villages
Community Forum
Minutes**

Date of Meeting: 5th October 2015

**Venue: St Patricks Primary,
Kilsyth**

No.	Item	Action
1.	<p>Attendance and sign in: Paul Carter – F.K.A.P. Cllr Alan Stevenson – NLC Cllr Jean Jones Carol Carter – Health Rep Ron Morecroft Ian Jarvis Cllr Heather McVay Mary Gilfillan</p> <p>In attendance: Rosalyn Griffith – Community Engagement Officer, N.L.C. Jacqueline Marshall – VANL (Secretariat Support)</p> <p>Apologies:</p> <p>Welcome: Chair welcomed all members to tonights forum meeting.</p>	
3.	<p>Special Agenda Item – Mental Health & Suicide Prevention</p> <p>Mary provided members with information on the resources which are available within the Northern Corridor area. A discussion took place regarding the thoughts and feelings which influence particular thoughts such as suicide. Mary informed members of the 5 steps to well being which consist of the following:</p> <ol style="list-style-type: none"> 1. Connect 2. Be Active 3. Take Notice 4. Learn 5. Give <p>A further discussion took place regarding the “Element” website which there are issues with finding such information online. Mary advised members that this website is currently being up-dated and once completed should be much better and more informative. Mary also informed members of the GP link worker from SAMH which will be a pilot scheme and will take place within Kilsyth health centre.</p>	

	<p>At least 1 in 4 people will experience a mental health issue each year with 2 people dying every day as a result. Mary discussed the 5 Key themes, consisting of the following;</p> <ol style="list-style-type: none"> 1. Responding to people in distress 2. Talking about suicide 3. Improving the NHS response in suicide 4. Develop the evidence base 5. Supporting change and improvement <p>Mary mentioned that in 2014 there were 696 suicides in Scotland alone with 37 of these taking place in Lanarkshire. A discussion took place regarding the types of training which is available such as suicide first aid and assist. At this point Mary circulated questionnaire's and asked members to complete them as the results will be used as a consultation process.</p> <p>The floor was opened to questions at this point.</p> <p>A discussion took place regarding facilities within Kilsyth, which are suitable to hold stress control classes. Mary going to raise this at the next Locality Planning Group Meeting.</p>	
<p>4.</p>	<p>Minutes adopted, matters arising from the last minute:</p> <p>Proposed: Ron Seconded: Iain</p> <p>Matters arising:</p> <p>A discussion took place regarding the Out of Hours service and how the proposals to have 2 sites has gone ahead on a temporary basis and are awaiting the outcome of the national report by Scottish Government. It was mentioned that there is no consistency and encouraging people to submit their suggestions. A further discussion took place regarding residents unable to access services. outofhoursreview@scotland.gsi.gov.uk</p>	
<p>5.</p>	<p>Treasurer's report:</p> <p>£1127.12 in account</p>	
<p>6.</p>	<p>Correspondence:</p> <p>It was mentioned that the theatre refurbishment will now be going ahead in Colzium Park, Heather thanked the forum for their support towards this initiative.</p> <p>Ros informed members of the new glass bin's which are currently being issued by 16th October.</p>	
<p>7.</p>	<p>Report:</p> <p>Crime Prevention Panel: N/A</p>	

	<p>Councillors: Jean updated members on the new build housing and mentioned that the first tenants will be in by December. Burngreen has moved into the old social work/dentist and permission has been granted for 16 flats. Jean discussed the council's action to bring Syrian Refugees to the country.</p> <p>Alan discussed the town centre refurbishment and has asked for the wooden benches to be replaced with brushed steel.</p> <p>Ros updated members on the Community Forum Network meeting which took place on 14th October, the main discussion focussed upon Transport issues, in particular bus services and changes to timetables. Heather suggested that their needs to be a national campaign and should also raise this with the Transport Minister.</p>	
8.	<p>Local Issues:</p> <p>Paul updated members on the relocation of the post office and has raised his concerns over this and has asked for a response.</p> <p>Iain updated members on the Pathway and read out an email in which he received relating to this. Iain mentioned that he is grateful to all councillors for their support. Taylor Wimpy will be carrying out the work and are awaiting to start. Councillor McVey mentioned that she has asked for a meeting with Taylor Wimpy asking for clarification on investment.</p>	
10.	<p>AOCB:</p> <p>N/A</p>	
11.	<p>Date and subject of next meeting:</p> <p>7th December 2015 St Patrick Primary 7pm Prompt</p>	