

NHS LANARKSHIRE

NORTH COMMUNITY HEALTH PARTNERSHIP

NORTH EAST UNIT

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Subject: Update Report to the Local Area Partnership

Health Improvement

Transition Framework- NLC

Regardless of age, stage or nature of additional support needs, transition processes have expected and unexpected changes in direction. These are times of both excitement about new opportunities and fear of the unknown; confusion and clarity and optimism and pessimism for both the child and their parents.

Specific issues should be raised in the young persons' transition meetings, and for more general concerns contact in the first instance Bellshill Social Work Office .

Health and Social Care Integration update

The North Lanarkshire Joint Integration Board (JIB) was formally established in June 2015. The Integration Agenda is now on the formal first leg of the journey. It has a statutory responsibility to plan for adult social work, adult and children's community health and a proportion of hospital based care including A&E services.

The JIB is currently developing its strategic plan that will set out how these services will be delivered. The JIB intends to make the strategic plan available for comments December, January and February for formal feedback. This Strategic Commissioning Plan will be the driver for change for Integration in North Lanarkshire. When the JIB is satisfied that the Strategic Commissioning Plan is fit for purpose, it will notify the health board and local authority of the date on which responsibility for integrated services and the budgets should be delegated.

The Integrated Health and Social Care Managers have now been appointed in the six localities.

The Health and Social Care Integration team are Janice Hewitt (Chief Accountable Officer), Stephen Kerr (Interim Head of Health) and Bobby Miller (Head of Community Care), further updates will be provided to the LAP as this work progresses.

Smoking Cessation

Smoking Cessation support group continues to run within Bellshill Cultural Centre on Monday evenings at 6pm and Thursday mornings at 10am, Viewpark Health Centre runs on a Wednesday evening at 6pm and on a Tuesday afternoon at 1:30pm for one to one by appointment only. Most of the Bellshill groups are continuing to be well attended.

Alcohol

Friday Night Project continues at Keir Hardie and Birkenshaw and Saturday Sports Scene continue at the Sir Matt Busby Centre. Keir Hardie have approximately 90 young people attending every Friday evening, attendance at Birkenshaw has increased to approx 60 young people and Saturday Sports Scene has been attended by approximately 120 young people every week. There has been an increase in both Birkenshaw and Sir Matt Busby's attendance in the last quarter due to hard work of North Lanarkshire Leisure coaching staff and Marketing team promoting this programme via group activities, websites and social media.

ABI – Young People

We are continuing to seek partners/organisations who are interested in being trained in ABI for young people. This is suited to staff who work directly with young people in a variety of settings. No further training dates have been set, however, if any partners are interested they should contact Health Improvement team based at Motherwell Health Centre

Training dates continue to be circulated for Novel Psychoactive Substance (Legal Highs) training along with any updated information on legislation etc. Anyone interested can access this through Health Improvement staff again based within Motherwell Health Centre or the Alcohol and Drug Partnership. Information briefings and updates are sent to partners and distributed through the Community Safety Sub Group regularly.

The Play Safe Home Safe winter campaign is now running online and is available for viewing on www.playsafehomesafe.org.uk.

Sexual Health

Sexual Health Clinic in Bellshill has been attended by 56 young people in October and November. YMCA Bellshill and Mossend have implemented street work in the area to promote the health spot and seem to be having a positive impact on the numbers, from October to November the health spot has had approximately a 20% increase in the number of young people attending.

Two Sexual Health Information sessions have been delivered by the Health Improvement team to the young people at Bellshill HUB, feedback from these sessions have been very positive and Health Improvement are currently working with the HUB to make this input a more permanent fixture for young people who attend this service.

Mental Health

Health Improvement staff delivered a session at Orbiston Youth Hub on Mental Health Stigma. Following on from this session young people at the hub have all underwent stress management training with Energise therapies and learned about what stress is, how to manage stress and massage techniques. Feedback from the young people was they 'thoroughly enjoyed the session'.

The Scottish Mental Health Art and Film Festival (SMHAFF)

The event was organised by Humjolie who organised a 10 week Bollywood dance classes at YMCA Bellshill. Women from different ethnic backgrounds took part and prepared a dance performance for the SMHAFF event. The aim was to increase participation in performing arts to remove stigma attached with such activity in certain communities and help the communities understand the link to mental health and well being.

Well Connected Sessions at the Mosque

Four sessions were delivered to 50 women. The sessions covered all the Well Connected domains. The women didn't know what social prescribing was and how it could be used to improve mental health and well being issues. After the sessions the feedback clearly indicated enhanced knowledge about the Well Connected programme. The evaluation highlighted the need for bilingual interventions.

Reshaping Care for Older People

Funding has been provided to the men's Shed Group (Sonia Pitman, CLAD) 12 week pilot program – 5-8 men attending on a regular basis at present. The long term view is for the men to run it for themselves. The program promotes a relaxed, casual environment with additional input from people working in health to assist the men with life skills such as 'cooking for one' sessions, games and discussions. Each of the

attendees has been sharing their own skills and enjoying being involved as each of the attendees has mental health conditions.

Carers (Creative Breaks) also received funding, an initiative which provides opportunities for carers to have some time out for themselves.

The St Andrews Day Tea Dance was a great success with many of the older groups in the community attending and participating – it was such a triumph that there are talks of a similar one being organised in time for Valentine's Day.

Healthy Working Lives

Fresh Fruit Friday

A pilot initiative to determine the success of incorporating a regular fresh fruit free for staff on a Friday in a bid to encourage healthy eating. The initiative was promoted to Bellshill/Viewpark Health Centre staff via email.

Potential participants in the event included approx 40 employees at Viewpark and 100 employees at Bellshill Health Centre. Responses to event received from staff survey evaluating the event, all were positive with participants responding 'yes' to having Fresh Fruit Friday as a regular event. Since this feedback has been received the initiative is continuing until the end of 2015. This will be reviewed in the new year.

Cancer Awareness

Cancer awareness stalls were set up in the staff tearooms at Bellshill Health Centres. Stalls contained leaflets provided by Cancer Research UK on Breast and Bowel Cancer, Cancer facts for men and women and dietary information. Pink ribbons were also available to staff. The event was promoted via email alert through administration staff at both health centres.

Surveys were distributed in each health centre at the end of the week, from the staff who completed the surveys, staff claimed that it improved their knowledge of detecting the early signs of cancer and some staff said that the information received influenced a change in their health behaviors.

World AIDS Day

Similar to the Cancer Awareness Stall, information was distributed to staff. Promotional material such as posters, pens, condoms, leaflets, postcards and ribbons were all on display for staff to take at will and an email was sent out to staff on 1st December to promote the day.

Weaning

Previously trained staff and partners are being encouraged to deliver weaning workshops and refresher training will be available if required, furthermore additional trainers are possibly being identified to accommodate any gaps in delivery.

Weaning workshop training is also now being progressively offered to staff within locality Family Learning Centres which will enable staff to offer parent workshops within their own establishments.

Infant Massage

Infant massage continues as part of the ongoing rolling programme within the Unit (Bellshill, Wishaw and Motherwell), and in the last quarter 31 parents have attended the sessions and 24 have returned their evaluations.

Evaluations returned			
Bellshill	Wishaw	Motherwell	Unit
10	6	8	24

Further opportunities for staff to be trained in infant massage is now available, this will be at a cost to the relevant department.

Healthy Start Vitamins

A Local Enhanced Service model is being developed. Detailed work is taking place throughout the locality by Health Improvement staff to ensure a consistent level of delivery where local venues will be sourced as distribution points. Meetings have already taken place with local Health Centre staff and venues will be reviewed with Health Improvement staff. This scheme will continue to be promoted throughout the locality of Bellshill.

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General Practitioner Services

As Health and Social Care structures develop, investment in training will provide GP's with additional skills to influence the design and delivery of community services for their patients.

A Primary Care Fund as announced by the Scottish Government will also be used to support the primary care workforce, including GP's and improve patient access. Over £6 million from the Scottish Government will be invested over the next three years to increase the number of GP surgeries across Scotland offering digital services such as online appointment booking and online repeat prescription ordering.

Healthcare Strategy

Work is underway to develop a new healthcare strategy for Lanarkshire which will describe new models of care to help deliver improved outcomes for patients and carers. It is expected that a working draft of the Health Care Strategy will be developed by spring 2016 with a view to being ready for consideration by the NHS Board in 2016. The Strategy will be subject to full public consideration. Through joint working the health care strategy will also meet the commitments of the North and South Lanarkshire joint commissioning plans.

The LAP members are asked to note the content of this report for information.