

NHS LANARKSHIRE

NORTH COMMUNITY HEALTH PARTNERSHIP

MOTHERWELL LOCALITY

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Subject: Update Report to the Local Area Partnership

Smoking Cessation

Smoking Cessation support group continues to run within Motherwell Health centre every Thursday 6pm. New branded promotional material was distributed to all partners for display within the health information points in all the Tower blocks, GP surgeries and health centres.

The Mini Movers programme is ongoing in nurseries throughout North Lanarkshire and includes awareness on second hand smoke.

Breastfeeding

The breastfeeding support group is going well and now averages around 11 attendees per week. New members are invited via the midwives with information shared at the Infant Feeding workshops along with promotion through PHTs & HI staff. 5 new parents have joined the group and two have attended postnatally through the invites given out.

Infant Massage

Continues as part of the ongoing rolling programme throughout a variety of establishments within the Unit (Bellshill, Wishaw and Motherwell).

An opportunity was also available within the Unit for staff to be trained in infant massage; this will take place at the end of March 2016. This will refresh and strengthen the programme delivery.

Additionally some family learning centre's have staff trained in infant massage and are willing to combine the weaning programme with the infant massage and participate in sharing evaluations. This will allow them to have a robust parenting programme consistent with other partners.

Weaning

Weaning workshop training is being progressively offered to staff within locality Family Learning Centres which will enable family centre staff to offer parent workshops within their own establishments. The next centre to be offered this

training will be Forgewood Family Learning Centre and previous training delivered to Barnardo's family support team has allowed them to incorporate this weaning workshop into their parenting programme.

Delivery of the workshops is regularly done in the Motherwell Locality by PHNs, CL&D, Early Years workers and assisted (when required) by Health Improvement. We are using this opportunity as an example of good practice by combining both workshops as a rolling programme which allows for consistency and sustainability. Work is ongoing to encourage previously trained staff and partners to continue in delivering these workshops and refresher training is still available if required, furthermore additional trainers are regularly being identified to accommodate any gaps.

Healthy Start

Work has taken place throughout the locality by Health Improvement staff to ensure a consistent level of delivery where local venues have been sourced as distribution points. This scheme will continue to be promoted throughout the locality and the local establishment information has been shared to health centre administration staff. Additional resources have been made available with pull up boards, leaflets and posters which have been delivered to health centre's and the local distribution points promoting the service have been made aware of where they can locate resources and vitamins. The Local Enhanced Service model is continually being progressed.

Sexual Health

The Youth Sexual Health Clinic in Motherwell Health Centre still continues to be well attended over the last quarter 106 young people have attended.

Annual total for attendance from April 2015 to March 2016 is 638 young people

Speakeasy Programmes have finished now in Jerviston community centre and Berryhill Primary School with a total of 12 learners going forward for accreditation. A new speakeasy course has now started in Craigneuk Lifelong learning Centre on a Tuesday morning.

Sexual Health and Relationships Training day for staff and carers from across North East unit took place in Edward Lawson Centre 16th March – with 11 individuals taking part.

Life, etc

This initiative is currently underway in Wishaw and Motherwell areas around the Collaborative Themes – suicide awareness, mental health, smoking, sexual health, alcohol and gender based violence. The aim of this initiative is to target the most vulnerable groups:

- Reduce alcohol and drug related anti-social behaviour.
- Increase engagement with key target groups to encourage healthier lifestyle choices
- Raise awareness of national and local resources of the Life etc. campaign material.
- Raise awareness of the risks of harm from alcohol and drug related issues.

- Reduce the levels of alcohol consumption and substance misuse amongst adults and young people across Wishaw and Motherwell

Mental Health

Well Connected remains priority and continues to be promoted and highlighted to all partners and organisations throughout the Unit. Welfare Reforms briefings are still being offered to staff and partners within the locality. This will help them to support clients and patients who will be affected by the new benefits system.

Health Improvement continues to promote SAFETalk and ASIST training as well as encourage use of Elament website.

Promotion of new Stress Control classes, shared through locality partners.

SSNL

Planning under way for the next block due to start in Motherwell Locality week beginning 1st May

Towers Strategy

Work progressing with Housing Department to ensure that all recommendations from Dementia friendly audits are actioned. Housing are now looking to incorporate this work through all tower blocks and now taking strategic approach. A further 2 environmental audits are to take place in Allershaw and Milton Tower in the near future with Alzheimer Scotland and Health Improvement.

Health Improvement is currently working with Carers Together and Locality Link Officer to offer activities and programmes within Whammond Tower. There have been 2 information morning mornings with issues such as Physical activity, healthy eating and digital inclusions arising – work ongoing to address these.

Community Forum

Motherwell community forum continue to meet the last Thursday of every month in Motherwell Civic centre from 7pm – 9pm

Motherwell Consortium

The consortium continues to meet monthly. All funding from 2015/16 has been allocated to a wide and diverse range of activities and programmes. Confirmation has now been received that further funding for 2016/17 will be £30,000

An event aimed to promote the groups and organisations supported by the consortium has taken place on the 16th March. A DVD was produced with highlights and testimonials from many of groups supported by the consortium. Over 50 individuals attended this event with initial feedback suggesting that it has been very worthwhile and an excellent opportunity to find out what's going within the locality.

Healthy Working Lives

Information on health campaigns continues to be distributed throughout the locality. Localities continue to work through the action plan which is now corporate. All localities are working with the same action plan. A new action plan will be developed for the coming year. The steering group are currently collating information from the localities on how the Corporate Action Plan has worked this last year and ideas for the coming year.

Health and Social Care Integration update

The North Lanarkshire Joint Integration Board (JIB) was formally established in June 2015

It has a statutory responsibility to plan for adult social work, adult and children's community health and a proportion of hospital based care including A&E services. The JIB has now developed its strategic plan that sets out how these services will be delivered.

Two half day events for each of its six localities to look at local information and identify priority areas for action have taken place on the 1st September, 2015 & 19th October 2015 at 12:30pm – 5:00pm in Coatbridge College. Information is now being pulled together to form the locality plan. The JIB will then finalise the plan for the integration start date of 01 April 2016.

The Integrated Health and Social Care Managers have been now been appointed in all six localities across the north.