

NHS LANARKSHIRE

NORTH COMMUNITY HEALTH PARTNERSHIP

BELLSHILL LOCALITY

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Subject: Update Report to the Local Area Partnership

Smoking Cessation

Smoking Cessation support group continues to run within Viewpark Health Centre every Wednesday at 6pm and Tuesday at 1:30pm one to one appointment sessions. They also continue at Bellshill Cultural Centre every Monday 6pm and Thursday 10am. Due to low attendances and changes to Stop Smoking Services team, Viewpark Health Centre's group on a Wednesday evening will be cut as of 6th of April.

Smoking Cessation are currently providing Bellshill Social Work staff with a Stop Smoking Service group, the group starts on Wednesday 17th February.

The Mini Movers programme is ongoing in nurseries throughout North Lanarkshire and includes awareness on second hand smoke.

Breastfeeding

The Bellshill breastfeeding support group is going well and has an average of 10 attendees per week.

Infant Massage

An opportunity was made available within the Unit for staff to be trained in infant massage; this will take place at the end of March 2016. This will refresh and strengthen the programme delivery.

Further work will be done to encourage those trained to participate in a rolling programme as some locality staff are trained in weaning and infant massage. Discussions will be taking place in various establishments in regards to possibly combining these programmes, if this is not already being done. This will allow them to have a robust parenting programme consistent with other partners.

Weaning

Weaning workshop training is being progressively offered to staff within locality Family Learning Centres which will enable staff to offer parent workshops within their own establishments. Over the next few months this will be offered to family learning centres in the Bellshill locality area.

Previously trained staff and partners are still to be encouraged to deliver weaning workshops and refresher training will also be available if required, furthermore additional trainers are possibly being identified to accommodate any further gaps in delivery.

Healthy Start

Work has taken place throughout the locality by Health Improvement staff to ensure a consistent level of delivery where local venues have been sourced as distribution points. This scheme will continue to be promoted throughout the locality and the local establishment information has been shared to Health Centre administration staff. Additional resources have been made available with pull up boards, leaflets and posters which have been delivered to Health Centres and the local distribution points promoting the service have been made aware of where they can locate resources and vitamins. The Local Enhanced Service model is continually being progressed.

Sexual Health

The Youth Sexual Health Clinic in YMCA Bellshill and Mossend in the last quarter had 45 young people attend. Annual total for attendance from April 2015 to March 2016 is 282 young people. Funding to continue the Youth Sexual Health Clinic from April onwards is currently uncertain, Health Improvement and YMCA are working together to look at programme and possible funding opportunities.

Sexual Health and Relationships workshop was delivered to One Parent Family Scotland clients at YMCA Orbiston on 2nd March 2016, as part of Health and Wellbeing 6 week course. 12 parents attended the workshop and feedback was positive. Participants reported either learning something new that would help themselves or help them with educating their young person about healthy relationships and sexual health.

Bellshill Community Clinic

At the previous LAP, NHS Lanarkshire indicated that it is to invest almost £40,000 in Bellshill Community Health Clinic (CHC) which will allow it to house more patient services. NHS Lanarkshire Chief Executive Callum Campbell has since met with convener Councillor McGuigan to discuss the proposals and agreed that at this time this is the most cost effective method for delivery of clinical services to those using the clinic. Adaptation work on the clinic is expected to be fully complete by end of April 2016.

Mental Health

Well Connected remains priority and continues to be promoted and highlighted to all partners and organisations throughout the Unit. Welfare Reforms briefings are still being offered to staff and partners within the locality. This will help them to support clients and patients who will be affected by the new benefits system.

Health Improvement continues to promote SAFEtalk and ASIST training as well as encourage use of Elament website.

Promotion of new Stress Control classes, shared through locality partners.

Youth Diversionary Projects

Health Improvement presented to Gabe Docherty and Dr Harpreet Kohli on Street Soccer, Friday and Saturday Night project to provide an update and to discuss future funding. Health Improvement will now prepare a paper for the JIB to try and secure funding for projects.

Friday Night Project

Friday Night Project continues in Birkenshaw Sports Barn and Keir Hardie Sports Centre. 50 plus young people attend Birkenshaw and 100 plus young people attend every Friday at Keir Hardie.

Saturday Night Project

Saturday Night Project continues at Sir Matt Busby Sports Centre with over 120 young people attending every week.

Street Soccer North Lanarkshire

Street Soccer is currently taking place in Viewpark (Burnhead Community Centre car park). The 10 week block started on Tuesday 23rd February 2016 and will finish on the 26th April 2016. Currently over 25 young people are attending every week. At the end of the block young people will be given details of other youth projects running in the area and encouraged to attend.

Community Forum

Bellshill Community Forum continue to meet the third Thursday of every month in YMCA Bellshill and Mossend building from 6:30pm – 8:30pm

Bellshill Consortium

The consortium continues to meet monthly. All funding from 2015/16 has been allocated to a wide and diverse range of activities and programmes. Confirmation has now been received that further funding for 2016/17 will be £30,000, the consortium are currently awaiting confirmation from the thematic leads of their priority areas and The Locality Activity Funding can now be used for adults aged 18 years plus.

Healthy Working Lives

Information on health campaigns continues to be distributed throughout the locality. Localities continue to work through the action plan which is now corporate. All localities are working with the same action plan. A new action plan will be developed for the coming year. The steering group are currently collating information from the localities on how the Corporate Action Plan has worked this last year and ideas for the coming year.

Health and Social Care Integration update

The North Lanarkshire Joint Integration Board (JIB) was formally established in June 2015. It has a statutory responsibility to plan for adult social work, adult and children's community health and a proportion of hospital based care including A&E services. The JIB has now developed its strategic plan that sets out how these services will be delivered. The JIB will then finalise the plan for the integration start date of 1 April 2016.

Staff were invited to an Integration Roadshow to launch the compelling narrative which lays out the Mission, Vision and Values for the Integration of Health and Social Care. The date and time scheduled for Bellshill Locality was Tuesday 29th March 2016 at 9am within Bellshill Locality Disability Support Services, event was well attended and well received.

The Integrated Health and Social Care Managers have been now been appointed in all six localities across the north.

What Matters to Viewpark

As part of the Scottish Governments Paper 'What matters to you', Social work and Health are working together to establish what currently exists for people of Viewpark and what matters to them regarding their health and wellbeing. This exercise also links with the locality priorities that came from the Bellshill locality planning events. The first part of this campaign is to engage with local community groups to establish what is currently available and what community leads believe the current picture of Viewpark looks like. A community engagement event took place on Saturday 6th March 2016 for local community groups. Unfortunately the event was poorly attended and it was decided a sessional worker through the YMCA would take on the task to individually contact community groups in the area and gain their opinions. This data will be collated in April and further events will take place later in the year to engage with the local community to gain their opinions and advise them of opportunities in existence within their community already.

Healthy Eating

Health Improvement is working with the District Nurses to establish a programme for prevention and cure of leg ulcers caused by diet. Health Improvement shadowed District Nurses in February and are developing a programme and consulting with dieticians and voluntary organisations to establish a sustainable programme that will be piloted later in the year.