

North Lanarkshire Council Report

Adult Health and Social Care Committee

approval noting

Ref

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Lanarkshire Mental Health and Wellbeing Strategy (Action 15)

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Executive Summary

The Scottish Government published its 'Mental Health Strategy 2017-2027' in March 2017, focussing on a series of actions to achieve: prevention and early intervention, accessible services, physical well-being of people with mental health problems, rights information use and planning, and data and measurement.

Action 15 from the strategy sets out to: Increase the workforce to give access to dedicated mental health professionals to all Emergency Departments, all GP practices, every police station custody suite, and to our prisons. Over the next five years increasing additional investment to £35 million for 800 additional mental health workers in those key settings across Scotland.

Lanarkshire Mental Health and Wellbeing Strategy

The Lanarkshire vision aligns with the national vision. Our shared vision will put the person at the centre of decisions about their support, treatment and care, with greater understanding and confidence to manage their own condition, taking control of their life and have their voice heard. It is a vision where all people enjoy good mental health throughout their lives.

The objectives for Lanarkshire are:

- Develop a chapter for the Lanarkshire Mental Health & Wellbeing Strategy to reflect the need of increasing the workforce to give access to dedicated mental health professionals to all Emergency Departments, all General Practitioner practices, every Police Station Custody Suite, and to our Prisons by June 2019.
- Transform the access to Mental Health within Lanarkshire, including Primary Care, Emergency Departments, Custody Suites and Prisons, supported by robust Digital Solutions, by developing, reviewing and redesigning current provision by 31 March 2022.

Recommendations

The committee are asked to note the content of the report

The Plan for North Lanarkshire

Priority Improve the health and wellbeing of our communities

Ambition statement (13) Improve preventative approaches including self-management and giving people information and choice over supports and services

1. Background

As part of the Mental Health Strategy 2017-2027, Scottish Government Ministers made a commitment to provide funding to support the employment of 100 additional mental health workers within Lanarkshire to improve access in key settings such as Emergency Departments, GP practices, police station custody suites and prisons. The detail is set out in Action 15 of the Mental Health Strategy. The funding has been available nationally from 2018, initially £12 million rising to £35 million in 2021-22. Lanarkshire funding equates to an initial sum of £1.3 million, rising to £3.951 million in 2021-22.

Scottish Government requested that Integration Authorities develop a plan by 31 July 2019 setting out goals for improving capacity in the settings outlined in Action 15 of the Mental Health Strategy.

- 1.2 The work of the Improving Access to Mental Health Support and Services Project will focus on improving access and enhancing care through new approaches, support and treatment in Primary Care Mental Health. It is recognised that 90% of all mental health problems are managed at primary care level and primary care (GP's in particular) remain the key gatekeepers to self-management, lower tier and secondary care services. Significant efforts will be focused on supporting primary care to effectively support people with mental health problems including developing interface with lower tier and community mental health services.

2. Report

- 2.1 One in five adults are likely to experience mental health disorder and 90% of people experiencing mental health problems are largely seen within primary care. This report will set out the progress of the current work streams reporting into the Improving Access to Mental Health Support and Services Project Team.

2.2 Custody Suites:

- To provide person centred, safe and clinically effective healthcare for people detained in custody within Lanarkshire.
- To improve access to specialised mental health assessment to achieve better outcomes for people suffering from mental health issues in custody.
- To reduce the need to transfer a detainee to Emergency Department for assessment

There are currently two Advanced Nurse practitioners employed to provide advice and assistance, this service has still to be evaluated

2.3 Digital Solutions:

- To identify, prioritise and test digital solutions that will improve mental health services throughout Lanarkshire.
- To work closely with other organisations, including health, health & social care, third party and voluntary, to develop linked digital services for mental health.

The group is scheduled to meet to focus on service mapping on what work is being undertaken in this area across NHSL and NLC

2.4 Primary Care:

- Review of Appreciative Enquiry session outputs
- Agree the constituent parts required to develop the service
- Use outputs from Good Mental Health for All consultation exercises in relation to population needs assessments
- Collation of existing community mapping process in relation to mental health and wellbeing services & supports within North and South Lanarkshire.
- Contribution to and learning from the SAMH Link Worker and Mental Health Liaison Nurse test of change projects commissioned as part of the Primary Care Transformation programme (Mental Health work stream).

Twelve Band 6 nurses are employed across twenty three GP practices, in addition there has been recent funding agreed for six SAMH link workers to provide signposting across NL GP practices over next 6 month period. The plan is to pilot the Primary Care Mental Health and Wellbeing Team Model in Clydesdale with two nurses and two mental health workers seconded from LAMH. This will be reviewed at end of the pilot.

2.5 Prisoner Healthcare:

- Deliver person centred, safe and effective multi-disciplinary mental health assessment, treatment or intervention to prisoners in a timely fashion, including access to psychological assessment and evidence based psychological treatment delivered within a stepped / matched care model.
- Development of digital solutions including computerised cognitive behavioural therapy (cCBT) and living life telephone cognitive behavioural therapy (CBT).
- To recognise the often high level of case complexity of the patient group and to develop an appropriately resourced service which can interface effectively with Scottish Prison Service (SPS) colleagues to improve the mental health and well-being of prisoners.
- To have a multi-disciplinary team sufficiently skilled to offer training and supervision for staff.
- To ensure there is sufficient skill mix to ensure staff can offer crisis intervention, intensive home support including maintenance and monitoring, risk assessment and management and a range of therapeutic interventions.

Currently determining the model of care and support that will be provided to prisons and what the role and function of the team will be. At the present time consideration is being given to staffing including medical support and nursing (plus Advanced Nurse Practitioner, Psychology and AHP staff)

2.6 Emergency Departments:

- Develop new ways of working and pathways within the three Emergency Departments in Lanarkshire to ensure that people have access to the right mental health support and services at the right time in the right place. This will be done in partnership with Police Scotland, Scottish Ambulance Service, NHS24, voluntary and third party organisations that work across Lanarkshire.
- Develop staffing models for Emergency Departments that build on the additional resources and cover normal working hours, with consideration of the cover arrangements outwith hours and weekend periods.

There are an additional five psychiatric liaison nurses currently employed which has increased the provision to 24hr cover over a seven day period in the emergency department for people with mental health problems. Over the next six months this workstream will also be considering the role of navigators to signpost people with non-clinical emergency issues to other services.

Linked to the Emergency Department work stream there is funding provided for a patient flow manager post, this is a service evaluation post that aims to ease the flow of the hospital experience from admission to discharge. This sits in the Emergency Department work stream.

3. Equality and Diversity

3.1 Equality Impact Assessment

Not required for the purpose of this report

4. Implications

4.1 Financial Impact

The funding for this programme is held by NHS Lanarkshire. The table below highlights the financial commitment across all workstreams to date. Funding provision may alter following review of the individual workstreams.

Stream	Percentage share	Funds (£)	WTE to be employed or trained	Average cost per post (£)
PCMHWT	55	2,173,050	55.8	38943
ED	34	1,343,340	35	38381
Custody	3.25	128,408	2	64204
Prison	5.75	227,183	6	37863
Digital	2	79,020	0	-
Total	100	3,951,000	98.8	39990

Until this point we have employed highly banded and skilled staff to take forward workstream activities, we now recognise the need to employ other staff, possibly from third sector organisations, to expand the skill and sector mix to support the work being undertaken.

4.2 HR/Policy/Legislative Impact

Not relevant to NLC employees

4.3 Environmental Impact

None

4.4 Risk Impact

None

5. Measures of success

5.1 Not required for this report

6. Supporting documents

6.1 Mental Health Strategy

<https://www.gov.scot/publications/mental-health-strategy-2017-2027/>



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